

USEFUL TELEPHONE NUMBERS

Social Amenities Committee

Chairman Greg Atkins 07841 358435

Secretary Open

Treasurer Beryl Allen 01449 781132

Other facilities

Marquee Bookings Ian Armstrong 01449 780215

Mobile: 07879 670949 bb Storev 01449 781651

'49' Club Bob Storey 01449 781651 Newsletter Editors Richard & Lorraine 01449 781048

Website Tony Kilbee 01449 781075

Email: newsletter@finningham.com

Parish Council

Chairman Tony Kilbee 01449 781075

Parish Clerk Natalie Hill 07802 492495

Email: finninghamparishclerk@gmail.com

Parish Footpath Wardens Doug Aiken 01449 781599

Neighbourhood Watch Andy Brownlie 07795 078125

Coordinator

Police Safer Neighbourhood Team 01473 613500

Crime Reduction Officer 01473 613500

Emergency 999

Non Emergency 101

Crime stoppers 0800 555111

Doctors Mendlesham 01449 767722

Bacton Manor Farm Surgery 01449 781777
Botesdale Health Centre 01379 898295

NHS Non Emergency 111



EVENTS AND NOTICES



Coffee Caravan



Venues and dates for the Spring / Summer months

First Tuesday of the month @ 10:30am - 12 noon

May - September

Held On the Green

Do come along and meet new neighbours and friends.

COFFEE MORNING AND BOOK SALE

LAST SATURDAY OF EVERY MONTH

St Bartholomew's Church

10.30 - 12.00

Come along and have a coffee and try some of the cakes the ladies of Finningham bake.

We have been rather successful with the attendance at these events but as winter draws close it is a good place for village get together as we start to hibernate for the winter.

WE DO NEED TO ANNOUNCE THAT WE HAVE BEEN RATHER OVERSUBSCRIBED WITH BOOK DONATIONS AND FOR THE FORESEEABLE FUTURE WE WOULD REQUEST THAT NO MORE BOOKS ARE DONATED. THANK YOU TO EVERYONE WHO HAVE BEEN SO GENEROUS IN THEIR DONATIONS. WE WILL LET YOU KNOW WHEN WE CAN START ACCEPTING THEM AGAIN

EVERYBODY WELCOME

TEA @ BART'S

2.30 - 4.30pm

Held in St Bartholomew's Church on the 3rd Tuesday of every month.

We are always looking for new faces. Let's make Finningham a welcoming and social place to live.

EVENTS AND NOTICES

Finningham White Horse Opening times

Monday to Saturday 12.00 míd-day - 11.00 pm Sunday 12.00 míd-day - 10.00 pm

Walkers, cyclists and motorbikes, 'get together' or 'stop-off spot'

Informal camping and caravan pitches
Functions and events can be accommodated
My answer to a request is 'yes'...if I can do it,
I will

Pub Quiz Last Sunday of the month

Facebook page "finninghamwhitehorse"

STOP PRESS

We need your contributions

We are looking for contributions for the next issues, so if you have anything you would like including e.g. upcoming events, pictures, art, observations, points of view etc. we would love to receive them.

Please email them to newsletter@finningham.com

The deadline for inclusion in the next issue is the **23rd August 2019**

FROM THE CHAIR

The Fete is nearly upon us and I have my fingers crossed that the weather plays it part. Hopefully you have had a chance to read through the Fete pull-out in the last edition of the newsletter - everything is still confirmed so it should be a fun and enjoyable afternoon. Like last year the activities will be free with a small entry cost for competitions.

Post the Fete the committee are starting to plan the next activities and offer the following events:

7 Sep 19 - Village Garage Sales.

28 Sep 19 - Joint Village Social (dinner and disco) event

@ Westhorpe Village Hall. Cost: £7:50, Times: 7:15pm – 11:00pm. Looking forward to what I hope will be good day at the fete...

Greg



NEWS FROM THE PARISH COUNCIL

Parish Council News June 2019

At long last, after many attempts and seemingly, a vast number of e-mails, I am pleased to say that the Suffolk County Council Highways Department have finally agreed to attend a site meeting to discuss what measures can be taken to calm the traffic entering the village, particularly from the Bacton direction (although, their attention will be drawn to the other roads into the village).

As well as the Highways representatives, there will be number of other interested parties who, we hope, will add their collective clout in our quest to make our roads safer for drivers and pedestrians alike. This meeting will take place next week so, too late for the results to be included in this issue of the Newsletter but we shall report back in the next issue.

Time for a number of "Thank Yous". Liam and his brother Martin (Liam is the new owner of Shadwell House) have done a magnificent job in clearing out and cutting back the laurel hedge that borders the Churchyard and his property. It has made such a difference to that area and exposed some long-lost gravestones.

Also, thanks to the unknown volunteer who washed the road signs on the approach to the village from the Walsham Road.

There are other volunteers who deserve a mention, not only those on the mowing rota for the Churchyard and Cemetery but also those who keep the grass on various triangles under control.

With all the rain we have been having, the grass is growing very rapidly so. it is a continual job to keep everything tidy.

We are all looking forward to this year's Village Fete and hope that everyone will give the organisers their support.

Tony Kilbee



EVENTS AND NOTICES



Finningham's Summer Draw 2019

Great Prizes and all funds raised will go towards future events for the village.

Tickets Cost £1 each

1st Prize £300

3rd Prizest Prize: £300 Cash 2nd Prize

2nd Prize: £200 Cash £100 and Prize: £100 Cash 3rd Prize: £100 Cash 5th Prize e place at the Finningham Fete £40 mesh at the Bacton Bull ACH Draw Washore Road, Finningham, Stormarket, Stort W.W. The bull Stranger

Artisan Gin from Heart of Suffolk Distillery www.heartofsuffolkdistillery.co.uk

A MOT from John Bull Motors Ltd www.johnbullmotors.co.uk

See your village website for more prizes at www.finningham.com/granddraw/

Tickets can be bought on the day or from

Finningham White Horse

Greg Atkins (Chair FOF) – 07841 358435

Richard & Lorraine (Newsletter Ed's) – 07969 314141

The Draw will take place in the Evening of the 6th July on the village green

EVENTS AND NOTICES

Friends of Finningham / Westhorpe Village Hall Committee invites you to a

60s,70s & 80s Disco

Saturday 28th Sept 2019

Westhorpe Village Hall 7.15pm to 11pm Ticket £7.50 to include Fish and Chip Supper

Tickets from Catherine Winter 781372

(Finningham)



Westhorpe Productions

Do you want to showcase your talent?

Would you like to hear local musicians show what they can do?



OPEN MIC NIGHT

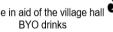


Saturday November 2nd 7.30 to 11.00pm

Westhorpe Village Hall



Free entry



Contact Glen Rust: 07856 701970 glenrust21@yahoo.co.uk

Please park respectfully

suffolkartlink

Get together - Get creative!



...& Friends

Natural Voice Singing Group

Westhorpe Village Hall IP14 4SY

New term starts Wednesday 18th Sept 10am - 12

Natural Voice is about celebrating the voice you were born with. It's about elcoming all voices into a group & working from there to make a group sound. Songs are learnt by ear so you don't need to read music Folk songs, world music, sea-shanties plus tea and cake! We ask a donation of around £3.50 to cover hall hire

Contact lynn@suffolkartlink.org.uk for more info

PARISH COUNCIL

Your Finningham Parish Councillors are:

Chairman: Tony Kilbee, 01449 781075

The Old Chapel, Walsham Road, Finningham, IP14 4JG

Vice-Chair: Mary Webb. 01449 781628

Kimberley, Gislingham Road, Finningham, IP14 4HY

James Miller. 01449 781265/07860 382816

Rob Hall, Walsham Road, Finningham, IP14 4JL

Dilys Sewell, 01449 782978

Holly Cottage, Walsham Road, Finningham, IP14 4JN

James Black, 01449 782965

Black Horse Barn, Walsham, Road, Finningham, IP14 4JN

Catherine Winter, 01449 781372

Holly Howe, Westhorpe Road, Finningham, IP14 4TW

Clerk: Natalie Hill, 07802 492495

Elmer Farm, Walsham Road, Finningham, IP14 4JN

Parish Council Meetings are held at

St Bartholomew's Church, Finningham, starting at 7.30pm.

Dates of future meetings:

Tuesday 9th July 2019

Tuesday 10th September 2019

Tuesday 12th November 2019

Tuesday 14th January 2020

Tuesday 10th March 2020

No meeting in August

Tuesday 8th October 2019

Tuesday 10th December 2019

No meeting in February

Annual Parish Meeting Tuesday 14th April 2020, 7pm start

Annual Parish COUNCIL Meeting Tuesday 12th May 2020



ST BARTHOLOMEW'S CHURCH

FORGIVENESS

We have many different 'New Years' in our culture. We have the calendar year starting as it does in January, the date that the calendar changes, when we like the Roman God Janus. look back at the past and forward to the future. We are also affected by the tax year which starts in April, for some that might not have a great impact, but for others the end of one tax year and the beginning of another means there is a great deal of work to face. At one point in our recent history there were even advantages to be gained if you married before the end of the tax year.

The Church calendar starts at yet another time of year. Advent Sunday, the start of the Church year, is on the fourth Sunday before Christmas, and that can occur in November or December. As if that were not enough 'starts' for us, there is one other which has a deep significance of the School or educational year. This occurs for most people on some date in September, although if you are moving to University it may start. start of a New Year.

This idea of 'ending' and 'starting' is Every Blessing. not just something associated with Philip the beginning of a 'New Year', it is

an integral part of our individual and corporate faith journeys. At the centre of the Christian message is the idea of forgiveness, and linked with that is the capacity to start afresh. At a Walsham le Willows School assembly this past week, I was asked to talk about 'forgiveness' with the children. It was a truly enlightening experience to hear from the pupils how they both understood the concept of wrongdoing, whilst understanding the need to say sorry and accept those apologies from their peers around them in order to move forward with one another in life.

As human beings we all make mistakes, that is something well recognised in the Bible, but equally we are told that the God of the Bible is a forgiving God. There are times in our lives when we need to recognise that capacity to make a fresh start. Our faith and trust in a forgiving God is a model which we are all encourfor many people, and that is the start aged to copy. As we are forgiven by God and allowed to start again, so we should forgive each other and allow each other to make a fresh

not actually start until October. It is Our Christian faith is about forthis manifestation of the 'New Year' giveness and renewal; out with the for which many young people are old, in with the new. May we always now starting to prepare. The Sum- live with the knowledge of God's former holidays, the time to wind down giveness and mercy, and reciproafter one year and think about the cate the same to our fellow brothers and sisters.

Parish Rector

WESTHORPE VILLAGE ACTIVITIES

www.westhorpe.onesuffolk.net

ART CLUB



paulwestonarchitect@gmail.com Tel. 07860 376592

MONDAY (Fortnightly) 2:00 - 4:00 pm

CRAFT CLUB



Lynda Cotgrove Tel 01449 789142 Rosemary Mees Tel 01449 780394

TUESDAY (Fortnightly) 10:00 - 12:00 PM

WINTERS ACADEMY



charley@wintersacademy.co.uk www.wintersacademy.co.uk

> THURSDAY (Weekly) 4:00 - 6:45 pm **During Term Time**

GARDENING CLUB



martindavidlittle@gmail.com Tel. 01449 78031

FRIDAY (3rd of every Month) 7:00 - 9:00 pm

LINE DANCING



rosemary.macro@yahoo.co.uk Tel. 07748 563926

MONDAY (Weekly) 6:00 - 7:00 pm

STOTT PILATES



mtwannadance@gmail.com Tel. 07540 696167 or 01379 742845

THURSDAY (Weekly) 11:00 - 12:00 pm

BOOK CLUB



Judith Kennedy jkstreetfarm@gmail.com Tel. 01449 781249

THURSDAY (Every six weeks) 7:00 - 9:00 pm

FREESTYLE FITNESS YOGA WESTHORPE



Philip Aldous

FRIDAY (4th of every month) 7:30-10:30 pm

CARPET BOWLS



dianegladd<u>ers@outlook.com</u> John Offord Tel. 01449 258501

MONDAY (Weekly) 7:30 - 9:00 pm

GAMES NIGHT



alalancoles@aol.com Tel. 01449 781618

THURSDAY (FORTNIGHTLY) 7:30 - 9:30 pm

Westhorpe Village Hall Hire

Finningham and Westhorpe residents £8.00 per hour

> Non-residents £9.00 per hour

YOGA



Juliet Wright Jujuyoga39@gmail.com Tel. 07503 212670

MONDAY (Weekly) 11:00 - 12:-30 pm

TAI CHI



Graham Harrad, gharrad@btinternet.com Tel. 07749 715487 Wednesday (weekly) 7.30-8.30pm Friday 10.00-11.00am

Coffee and Book Swap

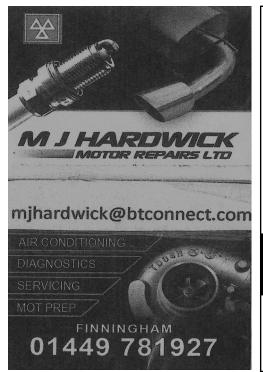


Jo Beales jo@johnnybeales.co.uk Tel 07912 649328

WEDNESDAY (Weekly) 6:15 - 7:15 pm



Saturday April 27th 10.00 - 12.00 All welcome







Digital Laser Colour Copies Plan Prints to A0 size Booklet - Magazine Printing

We print from E-mail, CD Memory stick, or hard copy

Laminating to A2 size

EXCELLENT RANGE OF COLOURED PAPER AND CARD DOCUMENT COMB BINDING

Email: info@digitalcopycentre.co.uk

37 Stowupland Street, Stowmarket, IP14 1EG

01449 678100

Anglia Garden Design & Landscaping

For a friendly service call Sharon

07786 381682

01449 775540

www.angliagardendesign.com

Email: sharoncracknell@icloud.com

ST BARTHOLOMEW'S CHURCH

Finningham Church Annual Flower Festival

Finningham PCC are very grateful to everyone who helped in any way to the very successful annual flower festival held on May Bank holiday weekend.

This year, the theme was "Take a Book" which the ladies depicted in many wonderful and interesting displays.

Special thanks to Margaret & Andrew Strickland and family for having delicious teas in their home and a big thank you to Val and her helpers for manning the Produce Tent. Thanks also to the team for erecting and dismantling the larges marquee and also the stewards in the church.

It was nice to see again our many visitors from this parish and from various parts of our lovely county of Suffolk.

The flower festival raised an excellent amount of £2,636 Lily Elsey, PCC Member



FLOWER FESTIVAL GET TOGETHER

On a very wet and windy day in June, what was to have been a Garden Party for all the women who were involved in the Flower Festival, met in Marion Bell's house and we had a house party.

We were greeted with Tea and Coffee and some scrumptious eats. There were some stalwart husbands there as behind a lot of the Flower arrangements there is a handyman being told what is needed.

The buzz of children was also heard in the house as we could not forget the efforts those young people put in every year to make a children's display a happy, cheerful one.

Thank you once again to Marion for having her house invaded by wet umbrellas and dirty shoes.

NEWS FROM THE PARISH COUNCIL

<u>Litter Pick, Village Tidy Up and</u> Mary Webb **General Maintenance**

On behalf of the Parish Council I would like to thank the people who helped with the litter pick and work on the Village Green and not forgetting those who litter pick around the village on a regular basis.

The Parish Council is not receiving enough voluntary help and support and are having to rely on the same few people. Regretfully, unless more volunteers come forward to be included on the church mowing rota, helping with the cutting of the cemetery, litter picking and other small jobs the Parish Council will have to consider employing someone to do this work. The cost of which would have to be added to the precept. This would mean every household would have to contribute to the cost. We hope this will not be necessary and more of you will come forward and offer to help. If you have 3- 4 hours a year you could spare please email the clerk at:

finninghamparishclerk@gmail.com

Not only will your services help to keep the precept down it is also a good opportunity to meet and get to know your neighbours.

Vice Chairman

Finningham Parish Council

Parish Councillor Vacancies

Finningham Parish Council has vacancies for

2 Parish Councillors.

The Council meets monthly with the exception of August and February on the second Tuesday of every month.

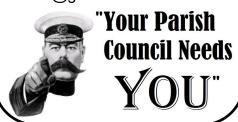
If you have a *few hours* to spare and would like to help improve the community in which you live, we would like to hear from you.

No previous experience is necessary as training is available.

For further information please contact the Council's Clerk Natalie Hill on:

07802 492495

or e mail: finninghamparishclerk@gmail.com



MARQUEE & TABLE HIRE

Friends of Finningham have the following for loan.

Marguee - 40ft x 13ft (12m x 4m) Festival Tent - 22ft x 16ft (6.8m x 5m) Party Marquee - 20ft x 10ft (6m x 3m) - 6ft x $2\frac{1}{2}$ ft (1.8m x 0.8m) Folding tables

Below are suggested donations - Held at last years level again.

Marquee £60 Village residents £70 non residents Festival Tent £60 Village residents £70 non residents Party Marquee £30 Village residents £40 non residents Folding tables £5 Village residents £6 non residents

A refundable deposit of £100 is required.

Loan period is normally up to four days and delivery and collection by arrangement

Further information available at the point of hire, for enquires and bookings please contact

lan Armstrong - 01449 780215 or 07879 670949

We will deliver and collect the marquee and assist with erection and dismantling, but we need you to provide at least two helpers.

Terms and conditions apply.



BOOK REVIEW

The Spotted Dog

Kerry Greenwood

(Allen & Unwin) 2018; 284 pages.

Kerry Greenwood, Australian author of the Phryne Fisher novels, also writes mysteries featuring Corinna Chapman, buxom, beautiful and baker extraordinaire. As Corinna opens the door to her Melbourne bakery early on a weekday morning, a young man hands her an envelope, puts his head on her shoulder and sobs. The first of four mysteries is up and running.

The young man is Alasdair Sinclair, a former soldier back from Afghanistan with suspected post-traumatic stress disorder. He suffers from nightmares, has terrifying flashbacks and there's a high risk of his committing suicide. Alasdair has been attacked and his beloved dog stolen. On the envelope handed to Corinna is a note to Daniel Cohen, Corinna's partner-in-life and a respected private investigator, requesting that he find Alasdair's dog.

The second mystery materialises a short time later. Corinna's assistant shouts out that the shopkeeper next door is attempting to murder his computer technician. Corinna orders the irate owner to take his hands away from the throat of a terrified IT expert and agrees to sort out the problem. It turns out to be a problem that's not easily solved. I know about those.

Mystery three involves another young man. Dion Monk, an elderly resident of an apartment in Corinna's building, comes out of his study to find a comatose body in his lounge room. The police are called.

Two break-ins to Corinna's own apartment constitute mystery four. The first time it happens she wakes from a deep slumber, confronts the intruder, receives two black eyes for her trouble and the prowler escapes. The second time, she's prepared. She hits the burglar with a heavy skillet, ties him up before he regains consciousness, and calls the police.

Greenwood's easy-going style makes this a pleasure to read. Humour, courage, recipes and eccentric characters add to the enjoyment.

Reviewed by Clive Hodges

GISLINGHAM WI

We meet on the third Wednesday of the month in Gislingham Village Hall at 7.30pm

JUNE

We have just been on a trip to Wells Next the Sea to visit Ware Hall House, a medieval house which was taken down beam by beam and brick by brick and transported to and rebuilt in Wells.

This was done single handedly by a remarkable lady who refused to have her house demolished in its original site in Ware Hertfordshire. Once you visit the house you can appreciate the mammoth task she undertook.

We had a wonderful day and 20 members of the WI thoroughly enjoyed their visit.

JULY

We will be having our summer Tea Party.

AUGUST

We were due to have a speaker but unfortunately she is unable to attend so in true WI spirit we will always come up with an alternative plan.

You are always welcome as a visitor to (as they say) try before you buy!!

AILEEN KILBEE

PRESIDENT.

FINNINGHAM WEBSITE

If you want to see older copies of the newsletter we have the electronic versions on our website, these can be found at **www.finningham.com/newsletter**

If you have any information, article or photos that you think would be of interest for the site, please send your copy to **webmaster@finningham.com**

DISCLAIMER

The information contained in this newsletter is provided for Finningham village as a service to its residents and possible others. It does not constitute/contain (legal) advice. Although we try to provide quality information, all information in this newsletter is provided "as is", with no guarantee of completeness, accuracy, timeliness or of the results obtained from the use of this information, and without warranty of any kind, express or implied, including fitness for a particular purpose.

ST GEORGE'S DAY DINNER

A letter of thanks from the East Anglia Air Ambulance following a wonderful St George's Day Dinner at the Finningham white horse

Linda Papworth, Rete Jones, The White Horse and the kind supporters of the Finningham Village

Thanks you so much for organising your fantastic donation from your St George's Day Dinner. I hope everyone had a great time! It gives me great pleasure, on behalf of everyone at East Anglian Air Ambulance, to thank you for raising the amazing sum of £310.00. Please pass on my sincerest thanks to everyone who has contributed to this amazing total.

I have enclosed a certificate of appreciation for you to display how much was raised.



Your donation helps people like Charlotte. On 23rd August 2017 Charlotte Salmons suffered a cardiac arrest. Charlotte's husband James instantly reacted to help his wife, calling 999, and beginning immediate CPR. First responders quickly arrived on scene and Charlotte received two shocks from a defibrillator to get her heart back into a rhythm. The EEAST Hospital with the EAAA crew by her side. She remained in hospital for two weeks, but despite suffering an arrest at such a young age Charlotte made a great recovery and was soon picking up life as a busy mum once again.

Our helicopters are able to reach anywhere in the region within 25 miniutes. Our pilots fly a highly-skilled doctor and critical care paramedic team along with A&E level medical equipment, to patients who have suffered life -threatening accidents and medical emergencies.

We rely on the generous support of the community, without whom we could not continue to provide our life saving service. If you would like to find out about other ways of supporting EAAA please get in touch with our fundraising team and we hope to see you organising another event for us again in the future. Together we really can save lives.

Jenny Mitchell

Development and Community Administrator

GARDENING CLUB

WICKHAM SKEITH GARDENING CLUB

ALL MEETINGS HELD IN WICKHAM SKEITH VILLAGE HALL UNLESS INDICATED OTHERWISE



TUESDAY 23 JULY 2019 – MICKFIELD HOSTAS 6PM

This evening we will be visiting Mickfield Hostas. After looking around the enormous array of plants at the nursery there will be an opportunity to buy something that has caught your eye! We will travel independently, but do ensure that you arrive by 6pm at the nursery. If anyone requires a lift please contact Rosie 01449 765908 or Eddie 01379 788504. Members £1/non-members £3.

NO MEETING IN AUGUST

TUESDAY 24 SEPTEMBER 2019 7:30PM

After an interesting summer of visits and outings we will be back in the village hall this evening. We hope you will join us to hear what will be a very interesting talk by Chris Mead on Beekeeping. Members £1/Nonmembers £3.

MOWING ROTA

Thank you to all of these who have given their time to keep Finningham looking tidy

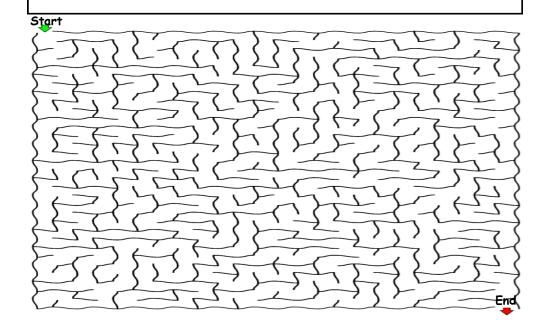
Your support is greatly appreciated

6th July	David Papworth	781430	
13th July	13th July Bob Storey		
27th July	Andy Brownlie	781168	
3rd August	Tony Kilbee	781075	
10th August	Richard Webb	781628	
17th August	Doug Aiken	781599	
24th August	Chris Hooper	07976 699503	
31st August	Phil Pryke	780117 19	

GREY MATTER MOVERS

5	2	7				8		
				8				
	3	8	9	2				
				4		5		
			2		8	6	4	
	1	2			7			
	6							
1			8	5	6	4		
	9		1			3	5	

KIDS CORNER



EVENTS AND NOTICES

COFFEE CARAVAN

In June when the Rural Coffee Caravan came to Finningham it was announced that they had been awarded the Queen's Award for services to rural communities.

We were privileged to be the Village chosen for the announcement to be made. The official presentation will be made by Lady Clare of Euston Estate at a later date.



FOUR SEASONS

It's summer at last and the nights are warm and short, it makes my job easier. Driving a late bus to Heathrow can get boring - but it is us. made less so by the wildlife I see in the headlights. There are bats, owls, hares, deer, foxes, rabbits by the dozen, sometimes a badger, and I regret that my passengers usually see none of them. Badgers are common and live all around us but many people never see a live one. Their secretive nocturnal, subterranean habits have served them well. Once they shared the forests with a host of animals which we now regard as African or European but animals and forests were brushed away by the human tide. Badgers have been killed for

sport, entertainment, meat, fur (it makes nice shaving brushes) and TB control but they are still with us.

If you would like to see one you should go to Colchester at silly o'clock and drive along the Avenue of Remembrance. The road is unlit, with parkland on both sides - and at night the animals rule. With a little luck you will see a badger on the grassy roadside. They come out to look for worms and sweet chestnuts — and the occasional jettisoned Meal Deal (but they have to beat the foxes to it). Hedgehogs are also on the diet. Keep one eye on the traffic, it never stops.

Ian Armstrong

INSIGHTS

Fostering – Did You Know....

It's not just Local Authority that require foster carers?

I work for an Independent Fostering Agency called Foster Care Associates, FCA for short (I mean who doesn't love an abbreviation right)!

FCA is the UK's largest Independent Fostering Agency and we have been fostering children and young people and supporting their carers for over 20 years. We all have our own regions and the sector I work in covers the Eastern region, so Suffolk, Norfolk and Essex.

The fostering sector is significantly low on foster carers, with a record number of children in care, the Fostering Network estimates that we need to recruit at least a further 8600 families in the next 12 months just to cope with the current need.

So, my question to you is, have you thought about Fostering? Is this something you have considered but wasn't sure what was involved, whether it was for you and your family or if you had the skills to be able to undertake this pathway?

What is involved in Fostering?

Many things are involved in Fostering, you can care for babies, teenagers, pregnant mums, mums and their babies, children who need to return to fostering from a residential setting, emergency, long term, short term care, siblings, disability, asylum seeking children, therapeutic or respite. As a foster carer, you would provide a full-time, safe and nurturing family environment, investing time and energy for the wellbeing of a young person and as an agency we would fully support you to do this with extensive training and support from our qualified staff and Social Workers.

Is Fostering for You?

Only you really know the answer to that question, but here are a few things that could help you to make that decision:-

Do you have a spare room?

Do you have the time?

Do you have some experience of caring for and/or working with children?

A level of stability and security in your life

The health and stamina to be able to care for children of all ages

A good support network

No convictions/cautions

Do you have the skills?

Well, all you really need is love and time and the ability to care for and nurture a child, but of course any previous experience working with/raising children is all experience that can be transferred to fostering. There is no maximum age limit to being a carer and you don't need to be married. You can foster as a same sex couple, a home owner, a tenant.

Being empathetic is a must, along with good listening skills, perseverance, flexibility and adaptability and patience and humour.

Fostering with FCA Eastern

We can offer 24/7 advice, excellent ongoing training, access to your local fostering team, competitive rates of pay, local support groups and social events. You can find out more by following this link https://www.thefca.co.uk/regions/eastern/ where you can find some blogs from some of our current carers, meet the staff and register your interest.

49+10 BONUS BALL CLUB RESULTS

Congratulations to the following winners:

Date drawn	Ball number	<u>Winner</u>
6th April	21	Beryl Allen
13th April	30	Pam Smith
20th April	4	Cynthia Cattermole
237th April	10	Rita Leggett
4th May	41	Peter Jones
11th May	24	Joanne Allen
18th May	3	22 Gemma Atkins
25th May	12 24	Joanne Allen

Vacant balls : **9, 37 & 44** to take up one, call or email Bob Storey

Telephone 01449 781651 or Email robert.b.storey@gmail.com

The Bonus Ball Club provides the only regular income for Friends of Finningham to provide amenities, including the cost of printing this newsletter and support to projects for young and old within the village.

Apologies to readers

for the incorrect results given in the May newsletter, please see below the correct draw results

Date drawn	Ball number	Winner
2nd Feb	20	Rita Leggett
9th Feb	12	Bob Storey
16th Feb	12	Bob Storey
23rd Feb	57	Edna Draper
2nd March	54	Monica Parish
9th March	2	Richard Webb
16th March	38	John Allen
23rd March	27	Lesley Holland
30th March	24	Joanne Allen

17

HEATHERS

Soft Furnishings Limited

Quality without compromise

Curtains, upholstery, loose covers and materials. Providing quality furnishing for more than 25 years, Heathers soft Furnishing Ltd hand craft unique items for home décor and for commercial and domestic clients in East Anglia.



We are a family run business located in Stowmarket
We are open Monday - Saturday (9am to 5pm)

Www.heatherssoftfurnishings.co.uk

To arrange a consultation call **01449 612 502**



Local Heating & Plumbing Engineer

Boiler Servicing & Repairs
Boiler & Central Heating Installations
Water Softeners, Pumps, Valves &
Programmers fitted
Gas Appliance Installations
General Plumbing & Bathrooms

Tel: 01449 781477

毎日かどのかるかかのと所収のものを

Mobile: 07979 505618

e-mail: davidfosterheating@gmail.com

Suffolk Computers

Our locally based computer engineers offer friendly and technical assistance for all your computing needs



Free Diagnosis

Site visits

Upgrades

NO fix NO fee

Tel: 01449 782195 / 07834 709970

Email: sales@suffolkcomputers.co.uk Website: www.suffolkcomputers.co.uk

Yourflowers

When you Think of Flowers Think of Ours

Flowers for all Occasions including Weddings
Funerals and Corporate Functions
Indoor and Outdoor Plants
Sweets bagged for Children's parties
Chocolate handmade in the UK, Candy Cart for Hire
Balloons and Gifts
Deliveries over a 20-mile area

Visit our website to see our large range of floral ideas

www.yourflowers.florist enquiries@yourflowers.florist

The Elms, Finbows Yard, Station Road, Bacton, Suffolk, IP14 4NH

01449 781892

Bacton Solutions Ltd. Pest Control Services



Professional **pest controllers** of public health and nuisance pests

- Rats and Mice,
- Flies (including Cluster Flies)
- Wasps, Fleas and Ants
- Moles and Pigeons
 Tel: 01449 782195 / 07834 709970
 Email: sales@bactonsolutions.co.uk

 Website: www.bactonsolutions.co.uk

sleep talk 4 4 children



Website: www.SleepTalk4Children.co.uk

E-mail: info@SleepTalk4Children.co.uk

Give your child the gift of unconditional love.

SleepTalk assists with many physical and emotional issues faced by children.

Parents deliver the **simple**, **nonintrusive** process at night.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
7-	2 Coffee Caravan	ε	4	ئ	6 Finningham Fete		M
ω	9 Parish Council mtg	10		12	13	41	VHAT'S C
15	16 Tea @ Bart's	17 Gislingham WI	82	19	20	21	N - JUI
22	23 Wickham Skeith Gardening Club	24	25	26	27 Coffee Morning & Book sale @ St. Bart's'	28 Pub Quiz @ WH	LY 2019
67 14	30	31					

	W	HAT'S O	N - AUG	GUST 2019	
Sunday	4	11	8	25 Pub Quiz @ WH	
Saturday	ო	10	17	24	31 Coffee Morning & Book sale @ St. Bart's'
Friday	N	o	16	23 Newsletter Copy Deadline	30
Thursday	-	8	15	22	29
Wednesday		7	14	21 Gislingham WI	28
Tuesday		6 Coffee Caravan	73	20 Tea @ Bart's	27
Monday		2	12	19	9 ₂ 15