



November to December 2018

Also find us online





## USEFUL TELEPHONE NUMBERS

### Social Amenities Committee

Chairman	Greg Atkins	07841 358435
Secretary	Open	01449 781132
Treasurer	Beryl Allen	

### Other facilities

Marquee Bookings	Ian Armstrong	01449 780215
	Mobile:	07879 670949
		01449 781651
'49' Club	Bob Storey	01449 781048
Newsletter Editors	Richard & Lorraine	
		01449 781075
Website	Tony Kilbee	
	Email: newsletter@finningham.com	

### Parish Council

Chairman	Tony Kilbee	01449 781075
Parish Clerk	Natalie Hill	07802 492495
	Email: finninghamparishclerk@gmail.com	
		01449 781599

### Parish Footpath Wardens

Doug Aiken	07795 078125
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### Neighbourhood Watch Coordinator

Andy Brownlie

### Police

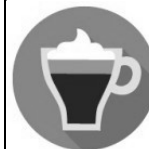
Safer Neighbourhood Team	01473 613500
Crime Reduction Officer	01473 613500
Emergency	999
Non Emergency	101
Crime stoppers	0800 555111

### Doctors

Mendlesham	01449 767722
Bacton Manor Farm Surgery	01449 781777
Botesdale Health Centre	01379 898295
NHS Non Emergency	111



## EVENTS AND NOTICES



### Coffee Caravan



Venues and dates for the Autumn / Winter months

first Tuesday of the month @ 10am - 12 noon

November - Held in The Church

December - Old Chapel, Walsham Road, Finningham

Do come along and meet new neighbours and friends.

### COFFEE MORNING AND BOOK SALE

LAST SATURDAY OF EVERY MONTH

St Bartholomew's Church

10.30 - 12.30

Come along and have a coffee and try some of the cakes the ladies of Finningham bake.

We have been rather successful with the attendance at these events but as winter draws close it is a good place for village get together as we start to hibernate for the winter.

WE DO NEED TO ANNOUNCE THAT WE HAVE BEEN RATHER OVERSUBSCRIBED WITH BOOK DONATIONS AND FOR THE FORESEEABLE FUTURE WE WOULD REQUEST THAT NO MORE BOOKS ARE DONATED. THANK YOU TO EVERYONE WHO HAVE BEEN SO GENEROUS IN THEIR DONATIONS. WE WILL LET YOU KNOW WHEN WE CAN START ACCEPTING THEM AGAIN

EVERYBODY WELCOME

TEA @ BART'S

2.30 - 4.30pm

Held in St Bartholomew's Church on the 3<sup>rd</sup> Tuesday of every month.

We are always looking for new faces.

Let's make Finningham

a welcoming and social place to live.



## EVENTS AND NOTICES



### TOYS NEEDED



#### Riverwalk School in Bury St. Edmunds

which caters for pupils aged 3-19 who have severe, profound and complex learning needs, has relocated and expanded.

This means that there are extra classes which have limited resources for the children. We are in need of games, books, puzzles, dressing up clothes, Lego, outdoor toys, etc. If anyone in the village has items that they would like to donate to the school, the children and staff would be very grateful.

To donate please either drop off at 4 Robb Hall Corner, Finningham or message Kelly on 07745 508089

### Thank you 😊

Wish list items are : toy kitchen, dolls house, bean bags, baby doll and pram

## MOWING ROTA

Thank you to all of these who have given their time to keep Finningham looking tidy

### Your support is greatly appreciated

## STOP PRESS

### We need your contributions

We are looking for contributions for the next issues, so if you have anything you would like including e.g. upcoming events, pictures, art, observations, points of view etc. we would love to receive them.

Please email them to [newsletter@finningham.com](mailto:newsletter@finningham.com)

The deadline for inclusion in the next issue is the **14th December 2018**

## FROM THE CHAIR



I write to introduce myself as the new chairman of the Friends of Finningham Committee following Colin standing down from the post. I would like to sincerely thank Colin for his tireless work as chairman during the past two years and I am sure that I will be looking to him for guidance as he continues to support the Friends of Finningham from within the Committee.

The Friends of Finningham are always looking for new ideas or ways to support the village socially, so if you have any please come and chat; I am usually around either the green, church or pub. Thanks to all the fund raising and donations the account is quite flush at the moment, so we have the ability to maybe do more if we wish. As a priority, the Committee will look at ways to make the financial plan available so all can see how the village is supported and funds allocated to future events.

The Committee want to create a steady drumbeat of events and activities throughout the year. Annually the Village Fete and the Christmas Dinner are pretty much set in stone, but we would like to do more. To that end, the Friends of Finningham offers the following events:

**7 Nov 18 - Village Fireworks evening** starting 6:30pm @ Finningham White Horse Pub (this event is subject to public liability insurance so we will let all know soonest if it is a go). Cost: Free. FOF Lead: Colin Winter and Ian Armstrong.

**2 Dec 18 – Village Christmas Dinner** @ White Horse Pub in Stoke Ash (see newsletter for further info). Cost: £10 per adult. Children TBC. FOF Lead: Catherine Winter.

**26 Jan 19 – Burns Night** @ Finningham White Horse Pub. Cost: TBC; event will be ticketed and only to cover costs. FOF Lead: Catherine Winter.

**9 Feb 19 – Joint social event** (drinks, nibbles and band) @ Westhorpe Village Hall. Cost: TBC (small amount); event will be ticketed. FOF Lead: Ian Armstrong.

**6 July 19 – Village Fete.** Cost: Free. FOF lead: Greg Atkins.

There will be more events forthcoming, Friends of Finningham will keep you informed.

I look forward to chatting with all about their ideas for future events over the coming months and trying to build on the success of the last few years. And finally, the Committee secretary position is open at the moment, so if anyone would like to fulfil the role please let me or another member of the Committee know.

Regards,

Greg

## FROM THE EDITORS

We would like to say thank you to Colin, for all of his efforts as the FOF chair over the past few years and also congratulations to Greg for taking on the mantle, we wish you all the best.

Where has 2018 gone, its nearly Christmas, I swear the years are getting quicker!. There is still lots to enjoy over the next couple of months and lots coming in 2019. So enjoy yourselves over the festive period and we look forward to seeing you at the upcoming events around our village. **Richard & Lorraine**



### Vandalism

2018 should have been one of the best summers we have had for a very long time but unfortunately here in Finningham we have experienced problems with youngsters and vandalism.

The Fence around The Village Green has been deliberately broken. It has been repaired once and has been broken again this time in two different places. A picnic table on The Green has also been moved and broken.

Finningham Parish Councils income comes from the precept **so it is you** the people of Finningham who have to foot the bill for the repairs caused by these mindless acts.

There have also been minor acts of desecration in the church and theft of eggs and egg money. The eggs being thrown at peoples property.

The Parish Council are trying to improve and provide additional play equipment for everyone to enjoy but it is up to you as parents to teach your children to respect and leave the equipment how they would like to find it.

We are very lucky here in Finningham as we do not normally have to deal with these kinds of problems so we must all pull together and nip this in the bud. We would ask every one to be extra vigilant and if you spot anything of this nature to telephone the police.



### Defibrillator

By the time you receive this newsletter the defibrillator will be in place, fixed to the green box on the triangle adjacent to The White Horse which is central to the village. Thank you for your patience. This is not the most secure place to put a defibrillator, but we have had very limited choice as to where it could be positioned having no public buildings of our own. Further information relating to the defib will be in a separate article in this newsletter.

We would urge parents to talk to their children and explain to them that this is life-saving equipment and not to be played with, it could be them or their family who might need it. Of course, we hope that it is never needed. We have provided this for the village and it does need to be respected. The equipment will be connected to an electric supply at all times another reason why it should not be played about with. The main electric meters, wiring etc. will be inside the locked green box. The Parish Council will not be held responsible for any injury or loss of life due to misuse.

Following the recent spate of vandalism in the village The Community Police Officer attended the last Parish Council meeting on 9<sup>th</sup> October where he was made fully aware of what has been going on within the village. He went on to say that when they are in the area they will take a look around the village to see what is happening. He also said if anyone spotted any acts of criminal damage taking place to ring 999 and not to confront those concerned. We understand one resident already has done this only to be met with lots of verbal abuse.



### WICKHAM SKEITH GARDENING CLUB

ALL MEETINGS HELD  
IN WICKHAM SKEITH VILLAGE HALL  
UNLESS INDICATED OTHERWISE



### TUESDAY 27 NOVEMBER 2018 – 7:30PM

For our last meeting of the year (apart from the Christmas meal of course!) we will be welcoming Gabi Reid, garden owner and florist of Gabrielle's Garden. Gabi will be giving us information about creating and using a cutting garden. Members £1/non-members £3.

Balance of Christmas meal money due at this meeting!

### FRIDAY 14 DECEMBER - 7PM AT WHITE HORSE, STOKE ASH

Our Christmas meal – please arrive by 6:45pm.

## GOODBYE

### FROM PAT & DON LAMB

It is with apprehension that we leave Finningham our home for the past twenty years to join our family in Kent.

We did not want to leave without saying goodbye and in particular to thank the people who supported us in our White Horse days and befriended us after.

The best doctors and staff who have been our life savers, the staff at Lawes, Finbows, EmZo's, who all offer a service second to none and always find time for a chat, Suffolk Dairies for the excellent early morning delivery rain, snow, hail moonshine, Rolfes of Walsham and all at Bacton stores especially the newspaper delivery stalwarts. Use them or lose them at your peril.

Thank You and AU REVOIR.

## SENIOR MOMENTS

I feel like the morning after ...and I can swear I didn't go anywhere  
If you don't think pushing 60 is hard, wait til you start dragging it





## EVENTS AND NOTICES

### Finningham Christmas Meal 2018

Once again we will be meeting for this lovely event at The Stoke Ash White Horse on Sunday 2nd December for 1pm.

This lunch is open to ALL villagers, both young and older, and will cost £10.00 a head for two courses.

As in previous years, the balance of costs will be met by funds from Friends of Finningham. Drinks can be purchased and paid for as required by diners on the day.

Space is limited so if you would like to come, or find out a little more about this jolly affair,, please contact me on 01449 781372, or send an email to [catherine.winter@outlook.com](mailto:catherine.winter@outlook.com)

I will then give you details of the menu. Payment will be required in cash at time of booking and please note , we shall be in an upstairs room, so if you have any mobility issues, let me know and we shall organise a table downstairs.

Hope to see you there! Catherine Winter

## YOUR SAY

**Dear Sir / Madame,**

May I congratulate you on the production of our magazine. I am an avid reader and always look forward to the features. In the last edition I was particularly drawn to the piece by your correspondent Ian Armstrong and his allusions to global warming / climate change (delete as appropriate) and the "sound of a thousand scientists (experts?) banging their heads against a wall saying "I told you so".

I was wondering if these scientists (experts?) are the same ones, who in the 1980's were saying "in 30 years time, Britain will have a Mediterranean style climate, where oranges, lemons and olives will be farmed in the fields of East Anglia"? Or are they completely different scientists (experts)?

Yours Sincerely

Fay Kenews

## PARISH COUNCIL



**Your Finningham Parish Councillors are:**

**Chairman:** Tony Kilbee, 01449 781075

The Old Chapel, Walsham Road, Finningham, IP14 4JG

**Vice-Chair:** Mary Webb, 01449 781628

Kimberley, Gislingham Road, Finningham, IP14 4HY

James Miller, 01449 781265/07860 382816

Rob Hall, Walsham Road, Finningham, IP14 4JL

Dilys Sewell, 01449 782978

Holly Cottage, Walsham Road, Finningham, IP14 4JN

James Black, 01449 782965

Black Horse Barn, Walsham, Road, Finningham, IP14 4JN

Catherine Winter, 01449 781372

Holly Howe, Westhorpe Road, Finningham, IP14 4TW

**Clerk :** Natalie Hill, 07802 492495

Elmer Farm, Walsham Road, Finningham, IP14 4JN

**Parish Council Meetings are held at**

St Bartholomew's Church, Finningham, starting at 7.30pm.

**Dates of future meetings:**

Tuesday 13th November 2018

Tuesday 11th December 2018

Tuesday 8th January 2019

No Meeting in February 2019

Tuesday 12th March 2019

Tuesday 9th April 2019

Annual Parish COUNCIL Meeting Tuesday 14th May 2019





# ST BARTHOLOMEW'S CHURCH

## Remembrance Day

This year on the eleventh of November is also Remembrance Sunday. It is a time that has a special poignancy for communities. During the two great wars of the twentieth century, nearly every community contained people who had lost family or friends. The whole community would have felt every family's tragedy. It is important for those still alive to remember the terrible times of a family at war, and to meet and to remember, and to pray for those who lost their lives, and for world peace.

It is important not just for them but also for those of us who have been born since 1945. We need to understand and remember just how awful it was, in the hope that through our remembering, history will not repeat itself. Remembrance takes on a particular poignancy this year because of the centenary commemoration surrounding the end of World War One.

There has probably never been a time in the history of humankind when war or conflict of some degree has not existed in the world. But the First World War was labelled by many, including the President of the United States of America, Woodrow Wilson, as the war to end all wars. Sadly, all were wrong, and as I write this article there are more than forty armed struggles taking place in the world today. Some are familiar to us some are the forgotten wars. There may be casualties of thousands or far less, but however many the toll, everybody is some mother's son or daughter.

Whenever there is a war, we are hopeful that it will be the last, that there will be no more conflict, but we are not free from war. I believe that on Remembrance Day we should acknowledge that fact. At the same time we should thank God for the freedom which we enjoy because of the laying down of life by so many for this and many other countries, and to pray for peace.

Peace is a precious commodity which comes from trust, patience, tolerance and faith. It cannot be 'peace only on my terms,' but from mutual agreement and understanding. Peace is not always easy to achieve, it is very hard work to establish and keep the peace at any level in our society. Yet peace is what we must all strive for. Peace must come from all of us as individuals, as one theologian recently wrote; 'Perhaps I cannot make peace with the enemies of my nation, but perhaps I can make peace in my individual and personal conflicts. If I am a person of peace, perhaps others will 'catch peacefulness' like a beautiful infection and become persons of peace themselves.'

I pray that God will grant us peace, and that those who have laid down their lives will be raised in glory with all of us who remember them on Remembrance Sunday.

Philip (Rector)

## Pets Galore at St. Bart's

On a rather chilly afternoon 40+ of us gathered outside the church for our Pet Service. Three guinea pigs held their own with lots and lots of dogs of all different shapes and sizes. We were all challenged by Rev'd Pam to make an origami dog's head. Every pet was given their own special blessing and we thanked God for all our wonderful pets and the amazing world we live in.

Pictures from the event, see next page

# WESTHORPE VILLAGE ACTIVITIES



[www.westhorpe.onesuffolk.net](http://www.westhorpe.onesuffolk.net)

## YOGA



Juliet Wright  
[jujuyoga39@gmail.com](mailto:jujuyoga39@gmail.com)  
Tel. 07503 212670

MONDAY (Weekly)  
11:00 - 12:30 pm

## ART CLUB



Paul Weston  
[paulwestonarchitect@gmail.com](mailto:paulwestonarchitect@gmail.com)  
Tel. 07860 376592

MONDAY (Fortnightly)  
2:00 - 4:00 pm

## LINE DANCING



Rosie Macro  
[rosemary\\_macro@yahoo.co.uk](mailto:rosemary_macro@yahoo.co.uk)  
Tel. 07748 563926

MONDAY (Weekly)  
6:00 - 7:00 pm

## CARPET BOWLS



Diane Gladders  
[dianegladders@outlook.com](mailto:dianegladders@outlook.com)  
John Offord  
Tel. 01449 258501

MONDAY (Weekly)  
7:30 - 9:00 pm

## IT CLINIC



Allison Weston  
[allisonweston25@hotmail.com](mailto:allisonweston25@hotmail.com)  
Tel: 01449 781490

TUESDAY (Bi Monthly)  
2:00 - 4:00 pm

## CRAFT CLUB



Lynda Cotgrove  
Tel 01449 789142  
Rosemary Mees  
Tel 01449 780394

TUESDAY (Fortnightly)  
10:00 - 12:00 PM

## STOTT PILATES



Miranda Tuddenham  
[mtwannadance@gmail.com](mailto:mtwannadance@gmail.com)  
Tel. 07540 696167 or 01379 742845

THURSDAY (Weekly)  
11:00 - 12:00 pm

## WINTERS ACADEMY



[charley@wintersacademy.co.uk](mailto:charley@wintersacademy.co.uk)  
[www.wintersacademy.co.uk](http://www.wintersacademy.co.uk)

THURSDAY (Weekly)  
4:00 - 6:45 pm  
During Term Time

## BOOK CLUB



Judith Kennedy  
[jkstreetfarm@gmail.com](mailto:jkstreefarm@gmail.com)  
Tel. 01449 781249

THURSDAY (Every six weeks)  
7:00 - 9:00 pm

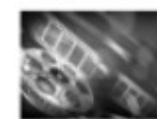
## GARDENING CLUB



Martin Little  
[martindavidlittle@gmail.com](mailto:martindavidlittle@gmail.com)  
Tel. 01449 78031

FRIDAY (3rd of every Month)  
7:00 - 9:00 pm

## WESTHORPE FILM NIGHT



Philip Aldous  
[philip.aldous@live.co.uk](mailto:philip.aldous@live.co.uk)

FRIDAY (4th of every month)  
7:30 - 10:30 pm

## FREESTYLE FITNESS YOGA



Jo Beales  
[jo@johnnybeales.co.uk](mailto:jo@johnnybeales.co.uk)  
Tel 07912 649328

WEDNESDAY (Weekly)  
6:15 - 7:15 pm

## GAMES NIGHT



Alan Coles  
[alancoles@aol.com](mailto:alancoles@aol.com)  
Tel. 01449 781618

THURSDAY (FORTNIGHTLY)  
7:30 - 9:30 pm

**Westhorpe Village Hall Hire**  
**Finningham and Westhorpe**  
**residents £8.00 per hour**  
**Non-residents £9.00 per hour**

## Make, Do & Friends

Suffolk Artlink have linked up with Rural Coffee Caravan and Dance East to provide a series of creative events and get-togethers for older people.

'The Hedgerow' - a series of creative workshops for Autumn

All sessions are from 10 am - 12 mid-day at Westhorpe Village Hall IP14 4SY

Wed 24th October - traditional felt-making  
Wed 7th November - roller-press printing  
Wed 21st November - paper-making  
Wed 5th December - wreath-weaving

We'll also be weaving words into the work as titles, labels and descriptions. We'd love to encourage you to come to all four sessions but it's not compulsory! All materials will be provided. There will be refreshments.



The sessions are run by professional artists and are FREE - but please contact Lynn Whitehead [lynn@suffolkartlink.org.uk](mailto:lynn@suffolkartlink.org.uk) or ring 01986 873955 and get your name on the list as numbers will be limited.





## PARISH COUNCIL REPORT

After a short time as a member of the Council, it is with great regret that, due to family commitments, Richard Negus has decided to retire. We thank him for his work on behalf of the Village and hope that he will continue to support us in our endeavours. This, of course means that we are now one Councillor short of a full complement. If anyone is interested in standing to fill this vacancy, please contact any Councillor or our Clerk, Natalie Hill. The only qualification required is a desire to help make Finningham a vibrant community, in which it is a joy to live.

I have recently been asked about the progress of the Green Farm Yard Development. Following up with the MSDC Planning Department, I have found that precious little has happened for quite some time. In spite of the fact that there are now 104 documents logged against the application, no movement is traceable. I understand that the project has been handed over to a different officer in the department so, perhaps, we shall see something happening in the near future.

At long last, long-awaited Defibrillator Project is nearing completion and credit must be given to Councillor Catherine Winter and her husband, Colin, for all their hard work in reaching this point. It is a Village facility that we all hope that will never be used but it is there; just in case!

Your Council have been following up on the state of the roads in and around the village. A survey carried out by one of our residents revealed that there were a large number of potholes within the village boundary. This information was passed onto the SCC Highways Department but the answer received was not what we would have hoped. We suggested that they might consider sending a dedicated team into Finningham and fix them all at one time. Needless to say, this suggestion (which, we believe, has a lot of logistical logic) fell on deaf ears, as it did not match their prescribed protocol. They are quite intransigent with their approach and will not even put a pothole in their system for review until it has reached the criteria of 400mm diameter by 50mm deep.

A number of Village signs have been severely damaged or stolen. As they are considered informative they are afforded a very low priority, so much so, that they will not be replaced unless the Village pay for them. One bit of good news is that the street sign "Church Green" which has fallen over because the old support posts are rotten will be replaced by MSDC – in about 4 -6 months!

You can well imagine how frustrating it is dealing with these departments, especially as they will not reveal individual's contact details and the websites are not always user friendly.

Hey-Ho, that's what living in today's Britain is all about!

Although the Litter Pick this time was not particularly well attended, those who came did a wonderful job, especially along Walsham Road. The total number of bags collected was 15 – that is indicative of how people treat their countryside! Many thanks for your efforts.

Tony Kilbee – Chairman.



## MARQUEE & TABLE HIRE



**Friends of Finningham have the following for loan.**

Marquee	- 40ft x 13ft (12m x 4m)
Festival Tent	- 22ft x 16ft (6.8m x 5m)
Party Marquee	- 20ft x 10ft (6m x 3m)
Folding tables	- 6ft x 2½ft (1.8m x 0.8m)

Below are suggested donations - Held at last years level again.

Marquee	£60 Village residents	£70 non residents
Festival Tent	£60 Village residents	£70 non residents
Party Marquee	£30 Village residents	£40 non residents
Folding tables	£5 Village residents	£6 non residents

A refundable deposit of £100 is required.

Loan period is normally up to four days  
and delivery and collection by arrangement

Further information available at the point of hire,  
for enquires and bookings please contact

**Ian Armstrong - 01449 780215 or 07879 670949**

We will deliver and collect the marquee and assist with erection and dismantling, but we need you to provide at least two helpers .

Terms and conditions apply.







## CHRISTMAS PUDDING ALTERNATIVE

By the time the Newsletter drops onto your doormat we will probably have had our ears assailed by festive jingles and songs. It foretells a hectic, busy and expensive time will be upon us before we know it.

Christmas pudding. Do you still buy this delicacy because Grandma and Grandad tell you that Christmas would not be the same without it? (They probably are in favour of it because they know that it will ensure that they are sound asleep before the Queen starts the delivery of her annual address!!)

Have you thought of a lighter and tasty alternative? How about Summer Pudding? The delights of this alternative is that you can spread the cost of Christmas by buying frozen soft fruits now. You can add cranberries if you want to add a seasonal flavour. Also it is prepared in advance and requires no cooking on the day!

I have used Danish bread or brioche instead of the ordinary white bread. If you use brioche, you will have to slice it yourself but don't cut the slices too thickly otherwise you might just as well have stuck with the Christmas pudding.

### Summer pudding

- sunflower oil, for greasing
- 750g mixed berries
- 125g golden caster sugar
- 1/2 orange, zested and juiced
- 150g raspberries
- 150g strawberries, hulled and sliced
- 8 slices white bread, crusts removed

1. Lightly grease a 1ltr pudding bowl and line with two layers of cling film
2. Heat the mixed berries, sugar, orange zest and juice in a pan until juices run. Set aside to cool.
3. Stir in the raspberries and strawberries, then strain through a sieve, pouring the juice into a shallow dish. Reserve the berries.
4. Cut a circle from a slice of bread to fit the base of the pudding bowl, then cut the other 7 slices diagonally in half. Dip the circle in the juice and put in the base of the bowl juice-side down. repeat with 11 triangles, overlapping around the side of the bowl. Cover any gaps with a small piece of bread.
5. Spoon the berries into the bread lined bowl. Trim any bread sticking up at the edge, then use the last 4 triangles to cover the top.
6. Drizzle the juice from the dish over the top,, then fold over the cling film to cover. Cover with a plate and place in the fridge with something heavy on top to weigh it down. Chill overnight.
7. To serve, unwrap the top, cover with a plate and invert the pudding onto the plate. Remove the bowl.
8. Enjoy with whatever takes your fancy such as cream, whipped cream, ice cream, crème fraiche.

David Wadlow

## GARAGE SALES



Thank you to everyone who took part in the garage sales. We had 19 sales this year which I think was about right as you can have too many. Everyone I have spoken to seems to have had a successful garage sale.

We were very lucky with the weather especially after all the wind the week before. It was quite challenging keeping the signs up. I would like to thank anyone who did see the signs had fallen down and put them back up again.

The only criticism I have received was there were no refreshment although they were advertised. Unfortunately I was only informed after the advertising had been done that the church were unable to do the refreshments due to the change of date and peoples holidays.

I have run the garage sales for the past 3 years on behalf of Friends of Finningham. Regretfully this year will be the last one that I will organise. Hopefully someone else will offer to take this on as it will be a shame if it does not continue. The reason I am giving this up is because I have retired and I no longer have the resources to do the signs and packs. If you are interested and would like to know what is involved before making a decision please do not hesitate to contact me.

If you are interested in taking this on please let Richard and Lorraine know at: [newsletter@finningham.com](mailto:newsletter@finningham.com) and they will pass this on to the Friends of Finningham Committee who will get in contact with you.

Once again thank you to all of you who have taken part in the past 3 years.

Mary Webb

## AED

After considerable delays that have been beyond our control we are at last in a position to be able to get an electricity supply to the green box on the corner of Westhorpe Road and Walsham Road. This means we will soon be able to install and commission the Finningham Automated External Defibrillator (AED).

This is a Parish Council project but the training has been supported by FOF. We will be offering free training in Basic Life Support and AED use for all residents of Finningham. We have a range of training equipment to support this, and are fortunate to have a number of professional resuscitation trainers in the village to deliver this training. Adults and children are welcome to come along for a 1 hour training session. We hope to offer sessions during the day, in evenings, and also during the weekend.

The AED is easy to use and can be used by anyone with or without training. However if you have practiced using the simulation equipment you might be more willing and able to help someone who could be a member of your family in an emergency.

If you would like to join a training session please email: [aed@finningham.com](mailto:aed@finningham.com) or leave a message on 01449 781372 and we will contact you with some dates and times of training sessions that you can choose. The Church and the White Horse have already offered to host training sessions.



A MEMORIAL TO  
THE LIVES OF THE MEN AND WOMEN  
WHO PLAYED A PART  
IN THE FIRST WORLD WAR

BERTIE BAILEY \* PERCY BAILEY \* FREDERICK BAILEY  
ALFRED BAKER\*FREDERICK BAKER\*WILLIAM BARKER  
HARRY BLOOMFIELD\*HARRY BURROWS\*WILLIE BUTTON  
ERNEST BUTTON\*WALTER DOWNING\*CHASTON DRIVER  
ETHEL EDWARDS \* BERTIE FARROW \* ERNEST FILBY  
FREDERICK FILBY \* GEORGE FILBY \* HARRY FILBY  
THOMAS FILBY \* WILLIAM FILBY \* WILLIAM GARNER  
GEOFFREY HEAD \* WILLIAM HEAD \* WALTER HEAD  
HERBERT HOLT \* JAMES HOLT \* WILLIAM HOLT  
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ERNEST LINGLEY\*FREDERICK LINGLEY\*EDWARD LINSTAED  
FREDERICK LINSTAED\*GEORGE LINSTAED\*ERNEST PALMER  
GEORGE PALMER\*STEPHEN PALMER\*WILLIAM PALMER  
HERBERT ROSE \* ROBERT ROSE \* ALFRED SEELEY  
EDWARD SELSBY\*HAROLD SELSBY\*SPENCER SELSBY  
JESSE SHAVE\*ARTHUR SHEPPARD\*ALBERT SILLETT  
SAMUEL SILLETT\*WILLIAM SMITH\*WALTER SPARROW  
RICHARD STOVIN\*ISAAC THORNDYKE\*WILLIAM WARNE  
FREDERICK WHITE\*HARRY WHITE\*THOMAS WOODS  
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JACK LAST \* LEONARD LAST \* JOHN PALMER  
GEORGE PETTITT \* JOHN PULHAM \* HECTOR RICE  
HAROLD RICE \* STANLEY RICE \* JAMES SEADON  
HUGH REGINALD SMITH \* FREDERICK WALTON

This is a new hard back book compiled by Pete Everall about the lives of 75 men and women and their families who played a part in the 1<sup>st</sup> World War. They all had links with Finningham although several were from Westhorpe, Gislingham, Bacton Cotton, Wickham Skeith, Rickingham and Walsham or even further afield.

The book is £10 – the cost of printing – plus postage if needed. Copies will be on sale at the Remembrance Exhibition in Finningham Church over the 10<sup>th</sup> and 11<sup>th</sup> November.

Further details from [pete@pjeoverall.plus.com](mailto:pete@pjeoverall.plus.com)

# BOOK REVIEW



## Fire and Fury

Michael Wolff

(Little, Brown) 2018 310 pages

Michael Wolff's latest book covers life in the White House for the initial nine months of President Trump's first term. When Trump's lawyers attempted to ban publication, **Fire and Fury** shot to the top of the best seller list world-wide.

It's not an easy book to read as many names mentioned are unfamiliar to those of us who haven't, in the past, found American politics absolutely riveting.

Michael Wolff had unfettered access to minor and major players talking openly about their jobs, their feelings and their fears. Somehow, everyone thought the author was working on a book that would be sympathetic to the president.

**Fire and Fury** was originally conceived as an account of the Trump administration's first hundred days but chaos, conflict and comedy continued unabated and the author, totally fascinated by the infighting and turmoil, scribbled on.

It was only when Steve Bannon, Wolff's flamboyant and fearlessly on-the-record high-ranking information source, was ousted that the author sat down, put his notes in order, and produced this gossipy, entertaining and irreverent record of events.

Two things that emerged as I read this 'trashy tabloid fiction' (to use Trump's press secretary's words). First: Donald Trump was gobsmacked when he won the election - as was the rest of the world. He didn't expect to win. Apparently, he didn't want to win.

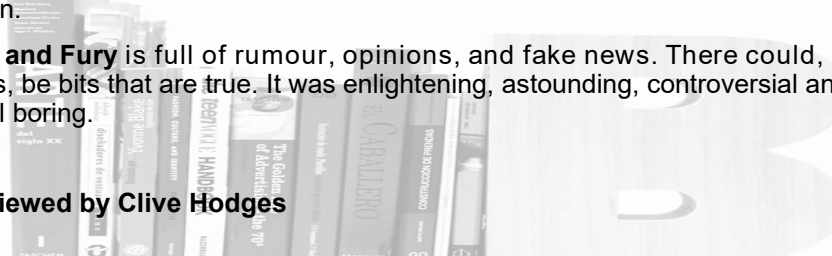
Secondly, no staff or family member believes that Trump can fulfil the role of president successfully. He doesn't read his briefing notes, has a short-attention span and falls asleep or walks out of meetings if he finds them boring. When Xi Jinping (pronounced Shee Gin Ping), the President of China, visited the U.S. Trump referred to him as Mr Ex-Eye until it was suggested he should think of the Chinese President as being a woman and call him 'She'.

Steve Bannon, no longer employed at the White House, considers there's a 33.3% chance that Trump will resign in the wake of a threat by cabinet to invoke the 25<sup>th</sup> Amendment, by which the president can be removed in the event of his incapacitation.

**Fire and Fury** is full of rumour, opinions, and fake news. There could, perhaps, be bits that are true. It was enlightening, astounding, controversial and not at all boring.

\*\*\*\*

Reviewed by Clive Hodges





## GREY MATTER MOVERS

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6			9		2	3	5	
	5							
			6	7	5			9



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## GISLINGHAM WI



### MACMILLAN COFFEE MORNING

Thank you to all villagers who helped with baking cakes, making teas and coffee and washing up. We finally made the sum of £200 which has been sent to Macmillan. As someone who has been helped by the Macmillan Chemotherapy Unit at West Suffolk Hospital I personally appreciate the generosity of all who attended.

Let's try and beat this next year.

THANK YOU

Aileen Kilbee

## WESTHORPE VILLAGE HALL

### WESTHORPE ART GROUP AND WESTHORPE CRAFT GROUP EXHIBITION

The Art Group and Craft group are to jointly stage an exhibition of work on **24<sup>th</sup> November** this year. It will run from 10 am till 4 pm. It will be held in the Westhorpe Village Hall. Wood turners from Westhorpe will also be exhibiting.

There are a number of Finningham residents who attend the Art Club. Perhaps you would be interested to come along and see what we do.

Tea/Coffee will be available.

## INSIGHTS

### Can feeling bad be a gift?

We are brought up to dislike negative emotions and as an adult we are encouraged by society not to show emotions; particularly the negative ones. However, can these negative emotions actually have a positive side? Here is some food for thought....

Feeling sad can focus our attention on the details, this means we are more in tune with ourselves and our surroundings.

Being pessimistic prepares us for the worst that could happen (and hopefully it will never be that bad)!

A feeling of guilt can be a wake-up call to check our moral compass / beliefs, are you going against the real you?

Anxiety (when under your control) can lead you to creative problem solving, as can anger.

Jealousy can motivate you to put in more effort to be better

While negative emotions can be a burden we can also look for the positive and the learning....

There is another way.... By Fiona Simpson.

[www.lilacPearl.co.uk](http://www.lilacPearl.co.uk), email [info@lilacPearl.co.uk](mailto:info@lilacPearl.co.uk)



## NEIGHBOURHOOD

With the nights drawing in again we need to have a think about home security again. Now is the time to look at how safe our home and gardens are. Do you have decent locks and bolts on your side/back gates and sheds? We tend not to worry about shed security but how much would it cost you to replace everything? Lawn mowers, strimmer, power tools etc. are all expensive bits of equipment.

How about your home? Most of us now have window locks but how many of you actually lock the windows and hide the keys? Did you know that if a burglar gains entry through an unlocked window your insurance could be void?

Have you got security lighting and are they all in working order? What about buying timers for your internal lights if you come home after dark.

Don't forget about your vehicle's. Don't leave valuables on show! It amazes me how often I see satnavs on a windscreen (yes I do that too :-| handbags on a seat (no I don't do that ;-)) parcels on the back seat, tools in vans and trucks. Take away temptation from would be thieves.

Remember dial 999 in an emergency, 101 to report less urgent crime or feel free to contact me for advice or if something doesn't seem right but you don't want to call the police. My number is at the front of the newsletter. Trust your gut. If something doesn't seem right, pick up the phone.

Lastly may I take this opportunity to wish you all a very merry Christmas and a happy healthy and prosperous new year.

Andy

## HISTORY GROUPS

### Meetings with local history groups

#### Bacton & Cotton History Society

(meetings 7.30pm @ Bacton Village Hall)

**November 20<sup>th</sup> - The World of Morris** - A jolly evening to end this year's programme ! Mike Garland, Mick Reeve and Dave Evans will cover some of the facts and fiction surrounding this historic dancing that is rooted in the life and traditions of East Anglia. What is The Morris Ring? Is it a pagan ritual ? Are women allowed to dance ? Hopefully Mick will show his expertise in playing the button accordion.

#### Wickham Skeith History Group

(meetings 7.45pm @ Wickham Skeith Village Hall)

**November 21<sup>st</sup> - They Went to War** - The story of the men & women of Wickham Skeith who served their country in WWI.



## 49+10 BONUS BALL CLUB RESULTS



### Congratulations to the following winners:

<u>Date drawn</u>	<u>Ball number</u>	<u>Winner</u>
4th August	52	Peter Hall
11th August	57	Reg Draper
18th August	11	Marion Bell
25th August	48	Carol Birch
1st September	50	Peter Allen
8th September	48	Carol Birch
15th September	44	Dilys Sewell
22nd September	36	Judith Starr
29th September	27	Lesley Holland

Vacant balls : 58

to take up one, call or email Bob Storey

**Telephone 01449 781651 or Email [robert.b.storey@gmail.com](mailto:robert.b.storey@gmail.com)**

The Bonus Ball Club provides the only regular income for Friends of Finningham to provide amenities, including the cost of printing this newsletter and support to projects for young and old within the village.

## FINNINGHAM WEBSITE

If you want to see older copies of the newsletter we have the electronic versions on our website, these can be found at [www.finningham.com/newsletter](http://www.finningham.com/newsletter)

If you have any information, article or photos that you think would be of interest for the site, please send your copy to [webmaster@finningham.com](mailto:webmaster@finningham.com)

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