

## Finningham Newsletter May to June 2020

Advice from A Rainbow Live a colourful life Bring unexpected joy See beauty in life's curves Live in the moment Reflect your true nature



Also find us online **f** Friends of Finningham www.finningham.com

#### USEFUL TELEPHONE NUMBERS

#### Social Amenities Committee

Chairman Secretary Treasurer	
<b>facilities</b> Marquee Bookings	
'49' Club	

<sup>49</sup> Club Newsletter Editors

Website

#### Parish Council

Other

Chairman Parish Clerk

Parish Footpath Wardens

#### Neighbourhood Watch Coordinator

Police

Doctors

Safer Neighbourhood Team	01473 613500
Crime Reduction Officer	01473 613500
Emergency	999
Non Emergency	101
Crime stoppers	0800 555111

Greg Atkins

Beryl Allen

Ian Armstrong

**Richard & Lorraine** 

Open

Mobile:

Email: newsletter@finningham.com

Bob Storev

Tony Kilbee

Tony Kilbee

Natalie Hill

Doug Aiken

Email: finninghamparishclerk@gmail.com

Mendlesham Bacton Manor Farm Surgery Botesdale Health Centre NHS Non Emergency

01449 767722 01449 781777 01379 898295 111

07841 358435

01449 781132

01449 780215

07879 670949 01449 781651

01449 781048

01449 781075

01449 781075

07802 492495

01449 781599

### EVENTS AND NOTICES



## Coffee Caravan



Venues and dates for the Winter months

first Tuesday of the month @ 10am - 12 noon

May- St Barts Church Finningham.

June - St Bart's Church, Finningham

Do come along and meet new neighbours and friends.

#### COFFEE MORNING AND BOOK SALE

LAST SATURDAY OF EVERY MONTH

#### St Bartholomew's Church

10.30 - 12.30

Come along and have a coffee and try some of the cakes the ladies of Finningham bake.

We have been rather successful with the attendance at these events but as winter draws close it is a good place for village get together as we start to hibernate for the winter.

WE DO NEED TO ANNOUNCE THAT WE HAVE BEEN RATHER OVERSUBSCRIBED WITH BOOK DONATIONS AND FOR THE FORESEEABLE FUTURE WE WOULD REQUEST THAT NO MORE BOOKS ARE DONATED. THANK YOU TO EVERYONE WHO HAVE BEEN SO GENEROUS IN THEIR DONATIONS. WE WILL LET YOU KNOW WHEN WE CAN START ACCEPTING

THEM AGAIN



## Finningham White Horse

## **Openíng tímes**

Monday to Saturday 12.00 míd-day - 11.00 pm Sunday 12.00 míd-day - 10.00 pm

Walkers, cyclists and motorbikes, 'get together' or 'stop-off spot'

Informal camping and caravan pitches Functions and events can be accommodated My answer to a request is 'yes'...if I can do it, I will

**Pub Quíz** Last Sunday of the month Facebook page **"fínnínghamwhítehorse"** 

## STOP PRESS

#### We need your contributions

We are looking for contributions for the next issues, so if you have anything you would like including e.g. upcoming events, pictures, art, observations, points of view etc. we would love to receive them.

Please email them to newsletter@finningham.com

The deadline for inclusion in the next issue is the



### FROM THE CHAIR

This instalment is a hard one to write. Firstly, I sincerely hope this finds you all well as we navigate through these uncertain times and social restrictions together. A massive thank you to those who have being able and voluntarily been 'gardening' around the village and providing a local neighbourhood scheme.

A number of the social events that were planned have had to be cancelled. The committee are unable at this stage to be able to plan anything with certainty though remain optimistic that the Village Christmas lunch will go ahead!

Stay safe and see you all soon.

Regards Greg

FROM THE EDITORS



*"Truth is stranger than fiction, but it is because Fiction is obliged to stick to possibilities; Truth isn't."* - Mark Twain.

Just look at the world now and who would of predicted the change we are all adjusting too. I wonder how we will remember these days? I guess there are those that will see this as a challenge on personal freedoms, others may use the time to refocus energies into learning new things and doing those jobs that were forever being put off (eek that may be me). Then there are our village children, will they remember these days with fond memories where their parents tried their best to become teachers, were always at home and had fun with?

However if we are to remember and tell the tale of how it changed our lives, we need to live it first, so please stay safe.

Finningham has some wonderful individuals and groups that are showing what village spirit is all about. To those we know about and the many others that are helping ... a humble Thank you!

As you would imagine our village events have an uncertain future at present given social distancing, but with a level of optimism we have kept the details in the newsletter, but please observe the relevant government directions at the time before attending. I'm sure the news will spread fast when the restrictions are lifted.

Finally we all know technology cant replace our usual catch ups, but it doesn't mean we cant find different ways to keep in touch. For those that have access to the internet we have our FOF Facebook page among other channels and those that don't there is a list of friendly neighbours here to help

Take care Richard & Lorraine

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#### NEWS FROM THE PARISH COUNCIL

#### Parish Council News - April 2020

Although the traffic going along Walsham Road (B1113) has decreased markedly since the Lockdown, the ger to them is evident. Why can't made! people behave like decent human The Parish Council has had to susbeings and consider the safety of others? Every day we hear of the way communities have risen to the challenge of looking after the aged and vulnerable and vet there are still many who don't give a d\*\*n.

a very active support group in Finningham and we must give our collective thanks to those who are active members, helping out with shopping, collecting prescriptions etc. What a wonderful group you are and the speed with which you mobilised is amazing. I believe that the time it took for a group to be formed, a leaflet composed and printed then distributed to every house in the village was a matter of a day or two.

As with many gardens, the village Tony Kilbee has benefitted from the lockdown as energies have concentrated on tidying up the Churchyard and Village Green. Thanks Andy!

For many years, the row of lime trees in the Churchyard have been a nuisance, dropping their branches over the path and grass. Following a request from a resident, the Parish Council has engaged the services of

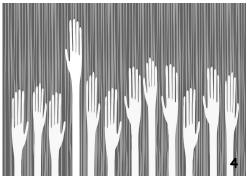
a tree surgeon who has undertaken to work on the trees to make them safer and more aesthetically pleas-

speed of those who are still on the We also must thank Liam for his road has risen exponentially. As work on the trees both sides of the many people have taken to riding footpath from Church Meadow to the their bikes along our roads, the dan- Church. What a difference it has

pend its meetings to conform to the Social Distancing requirements. However, we are continuing our work and will be having Virtual Meetings. As with all PC meetings, these will be open to the public and details It is heartening to see that we have of how to join will be posted on the village notice board.

> At the time of writing, the Government has not issued any clues as to the relaxation of the Lockdown requirements so, it is just a matter of grinning and bearing it. We, who live in the Suffolk countryside, are singularly fortunate to have a myriad of footpaths on our doorstep along which to take our daily exercise.

Keep safe.



### EVENTS AND NOTICES



IN WICKHAM SKEITH VILLAGE HALL UNLESS INDICATED OTHERWISE

#### WEDNESDAY 27 MAY 2020 - BLOOMS AT BRESSINGHAM

This our first outing of the year – Adrian Bloom will be showing us around this fabulous garden. PSE NOTE THAT THIS IS **TAKING PLACE ON A WEDNESDAY!** 

Meet at Bressingham 6:15 for a 6:30pm prompt start. Members  $\pounds$ 5/Non-members  $\pounds$ 7 payable on the night. Gardening Club contacts -

Rosie 01449 765908/Eddie 01379 788504

# SHED AND GARAGE







Securing your shed and garage is essential, not only to protect what is stored within it, but also to prevent anything from your shed/garage being used to force entry or cause damage to your house or car. There are some simple steps below that you can take to enhance the security of your shed or garage.

#### **Top Tips**

- Always keep your shed or garage locked and fit a monitored alarm, that could be linked to your house, or use an independent monitored alarm (this could include a battery operated texting alarm).
- Use coach bolts or non-tamper screws to fasten hinges, hasps and staples, or a padbar.
- Match a bolt threaded metal plate on the inside of the shed to the outside hasp to provide extra reinforcement from the inside.
- Avoid windows, if they have to be in place, place security grilles on them and black the windows out so items are not on view.
- Use two good quality closed shackle padlocks to secure the shed.
- Avoid storing high value items in the shed.
- Fit either a ground anchor, or stay safe to secure valuable items too.
- Security mark property and register it with <u>www.immobilise.com</u>
- Add ground mounted locking bars to enhance security on 'up and over' garage doors.
- To prevent garage doors from being forced open, install a Sold

For Further details on police approved padlocks, security chains, ground anchors, garage door defenders, key safes, cylinder locks, safes and security cabinets, use the following link: <a href="https://www.soldsecure.com/wp-content/uploads/2019/Sold-Secure-Approved-Product-Catalogue-2019-Web.pdf">https://www.soldsecure.com/wp-content/uploads/2019/Sold-Secure-Approved-Product-Catalogue-2019-Web.pdf</a>

Further crime reduction information can be found at Suffolk Police's "First Principle Crime Reduction web site" at <u>www.suffolk.police.uk/1stprinciple</u>

## PARISH COUNCIL

#### Your Finningham Parish Councillors are:

Chairman: Tony Kilbee, 01449 781075

The Old Chapel, Walsham Road, Finningham, IP14 4JG

Vice-Chair: Mary Webb, 01449 781628

Kimberley, Gislingham Road, Finningham, IP14 4HY

James Miller, 01449 781265/07860 382816

Rob Hall, Walsham Road, Finningham, IP14 4JL

James Black, 01449 782965

Black Horse Barn, Walsham, Road, Finningham, IP14 4JN

Catherine Winter, 01449 781372

Holly Howe, Westhorpe Road, Finningham, IP14 4TW

Clerk :Natalie Hill, 07802 492495

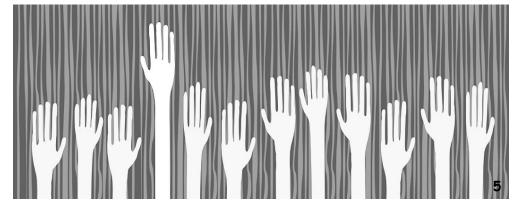
Elmer Farm, Walsham Road, Finningham, IP14 4JN

**Parish Council Meetings are held at** St Bartholomew's Church, Finningham, starting at 7.30pm.

Dates of future meetings:

Parish Meeting 7pm start

## Annual Parish COUNCIL Meeting Tuesday 12th May 2020



#### ST BARTHOLOMEW'S CHURCH

daily they are streamlined by the make them ourselves. tary, for being responsible for Coronavirus. much of the work, I would have I fully realise that all of this is struggled without her assistance. Jay has had overall responsibility for connecting up all our 28 churches within the Deanery!

listening ear.

Judging by the communications I have received, along with conversations had with other Ordained colleagues, not to mention letters It may well be of little consolation, some disquiet and obvious upset churches have been closed. As a Priest who 'says' the Daily Offices of Morning and Evening Prayer in church, my personal disappointment is immense.

bishops have not made these decisions lightly, and I fully accept time, issued an 'Interdict' across and support their actions. As with

Although our churches are closed our politicians, religious leaders at this present time, the Church are having to make difficult choicwith a capital 'C' is certainly not. es at this present time, and I sus-Services are no longer of course pect most of us are only too glad taking place in our buildings, but we are not being called upon to Our Diocese and can be found on the church leaders are simply at-'A Church Near You' website. I tempting to work alongside other am grateful to Reverend Jay faith leaders and to assist the Price, our Deanery Synod Secre- Government in its work to 'defeat'

even more distressing to those who have had to postpone weddings, and those left unsure of when their marriages will take Along with this my own personal place in the future, certainly in the communication details are posted format they would hope for; I am outside all of the Benefice deeply sorry that I have no anchurches, and I am always avail- swer at the moment. Sadly funerable for practical help or merely a als are not taking place in church, but at the graveside or Crematorium, with restricted numbers. Baptisms, unless emergencies, are also postponed.

to the Church Times: there is but this is not the first time our that our churches remain closed. Eight hundred years ago, when our churches were governed from Rome (The Church of England was yet to be 'invented!'), in a bitter dispute with King John, Pope However, our Bishops and Arch- Innocent III, arguably the most powerful person in Europe at the

#### WESTHORPE VILLAGE ACTIVITIES

#### www.westhorpe.onesuffolk.net



YOGA

Juliet Wright

Tel. 07503 212670

MONDAY (Weekly)

11:00 - 12:-30 pm

CRAFT CLUB

Lynda Cotgrove

Tel 01449 789142

Rosemary Mees

Tel 01449 780394

TUESDAY (Fortnightly)

10:00 - 12:00 PM

WINTERS ACADEMY

charley@wintersacademy.co.uk

www.wintersacademy.co.uk

THURSDAY (Weekly)

4:00 - 6:45 pm

During Term Time

GARDENING CLUB

Martin Little

martindavidlittle@gmail.com

Tel. 01449 78031

FRIDAY (3rd of every Month)

7:00 - 9:00 pm



ART CLUB

Daul Weston

Tel. 07860 376592

MONDAY (Fortnightly)

2:00 - 4:00 pm

STOTT PILATES

Miranda Tuddenham

mtwannadance@gmail.com

THURSDAY (Weekly)

11:00 - 12:00 pm

BOOK CLUB

Judith Kennedy

jkstreetfarm@gmail.com

Tel. 01449 781249

THURSDAY (Every six weeks)

7:00 - 9:00 pm





LINF DANCING



Rosie Macro

Tel. 07748 563926

MONDAY (Weekly)

6:00 - 7:00 pm









Jujuyoga39@gmail.com paulwestonarchitect@gmail.com rosemary.macro@yahoo.co.uk dianegladders@outlook.com John Offord Tel. 01449 258501

MONDAY (Weekly)

7:30 - 9:00 pm

CARPET BOWLS

Tel: 01449 781490 TUESDAY (Bi Monthly) 2:00-4:00 pm

IT CLINIC

alisonweston25

@hotmall.com



Non-residents **£9.00** per hour

FREESTYLE FITNESS YOGA





Philip Aldous philip.aldous@live.co.uk

FRIDAY (4th of every month) 7:30—10:30 pm





Alan Coles alalancoles@aol.com Tel. 01449 781618

THURSDAY (FORTNIGHTLY) 7:30 - 9:30 pm





Jo Beales jo@johnnybeales.co.uk Tel 07912 649328

WEDNESDAY (Weekly)

6:15 - 7:15 pm





## HEATHERS

## Soft Furnishings Limited

Quality without compromise

Curtains, upholstery, loose covers and materials. Providing quality furnishing for more than 25 years, Heathers soft Furnishing Ltd hand craft unique items for home décor and for commercial and domestic clients in East Anglia.

We are a family run business located in Stowmarket We are open Monday - Saturday (9am to 5pm) Www.heatherssoftfurnishings.co.uk

To arrange a consultation call **01449 612 502** 



## Suffolk Computers

Our locally based computer engineers offer friendly and technical assistance for all your computing needs



Tel: 01449 782195 / 07834 709970

Email: sales@suffolkcomputers.co.uk Website: www.suffolkcomputers.co.uk

## ST BARTHOLOMEW'S CHURCH

England and Wales closing all gion. Historically, major disasters, churches. No one was allowed to such as World Wars, have led to Mass attend anointing the sick was banned, amount of people seeking weband whilst burials could take sites relating to prayer and place, no religious ceremony was livestream church services are permitted at the funeral.

By a strange coincidence, which before. you couldn't make up, the Pope As St Paul said all those years issued his 'Interdict' on the same ago; 'neither death, nor life, nor day as Boris Johnson issued the things present, nor things to

Lockdown; March 23<sup>rd</sup>, albeit in come, nor anything else in all crethe year 1208! We hope that our ation will be able to separate us Lockdown lasts weeks/months, from the love of God in Christ Jethe Popes' 'Interdict' lasted 6 sus our Lord.' years!!

Finally, I read recently that Christian thinkers are divided as to whether the present crisis will lead to a religious revival, or has- Rector ten the demise of organised reli-

(Communion), a spiritual revival. Already the reporting record figures like never

Keep well,

Every Blessing, Philip

## SWEET CART



#### GISLINGHAM WI

Unfortunately due to the current situation we find ourselves in there will be no WI meeting taking place in May.

We have had to cancel our speaker and have also cancelled our Mosaic workshop. We can only hope that by the middle of the year we may be able to have a meeting if not June maybe July.

For the rest of the year we may not be able to go on our outings to Bletchley Park or to the theatre in Southwold .

Until we can resume keep safe.

Aileen Kilbee,

President,

Gislingham WI,

01449 781075

#### 4 SEASONS

The spring has been like no other. All of nature has rejoiced in the "lockdown" - clean air, clear blue skies, reduced noise, and the sudden lifting of most of the usual threats from human activity. As the prospects of a return to normal are pushed ever further away I sense a mood of frustration and fatalism rather than fear. More than ever I am grateful for my family and for the entertainment provided by radio, TV and internet, not to mention my tranche of the borrowed billions (I am "furloughed", that's on top of my pension). There will come a reckoning – it feels a bit like a free lunch on a sinking ship.

Where has all the flour gone? (Sing it with me). Flour was one of the first products to disappear from supermarket shelves and it is still hard to find. My Googling reveals that although more of us are baking there is no shortage, except that there is not enough of the little bags that supermarkets prefer. Most flour goes to the major bakeries and food factories either in bulk carriers or sacks, only a few mills are geared up for supermarket packaging. They are working round the clock – but it isn't getting to Tesco and it seems there may be more to this than they want to tell us. If you are making bread and can't get strong white flour, you can use plain. There will be a slight difference in the loaf – but it will be perfectly acceptable.

#### Ian Armstrong

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#### MARQUEE & TABLE HIRE

#### Friends of Finningham have the following for loan.

Marquee	- 40ft x 13ft (12m x 4m)
Festival Tent	- 22ft x 16ft (6.8m x 5m)
Party Marquee	- 20ft x 10ft (6m x 3m)
Folding tables	- 6ft x 2½ft (1.8m x 0.8m)

Below are suggested donations - Held at last years level again.

Marquee	£60 Village residents	£70 non residents
Festival Tent	£60 Village residents	£70 non residents
Party Marquee	£30 Village residents	£40 non residents
Folding tables	£5 Village residents	£6 non residents

A refundable deposit of £100 is required.

Loan period is normally up to four days and delivery and collection by arrangement

Further information available at the point of hire, for enquires and bookings please contact

#### lan Armstrong - 01449 780215 or 07879 670949

We will deliver and collect the marquee and assist with erection and dismantling, but we need you to provide at least two helpers .

Terms and conditions apply.



### GREY MATTER MOVERS

		8	4					
6		3			2	4	8	
2				3			7	
			6			5		
	8			4			2	
		7			5			
	9			2				5
	5	1	3			8		2
					6	9		

## MOWING ROTA

Many thanks for this year's rota of volunteers who take it in turns to mow the Churchyard and Cemetery during the summer months.

			and the second s
2 <sup>nd</sup> May	Richard Webb	6 <sup>th</sup> June	Phil Pryke
9 <sup>th</sup> May	Chris Goddard	13 <sup>th</sup> June	Richard Groundwell
16 <sup>th</sup> May	Doug Aiken	20 <sup>th</sup> June	Ian Armstrong
	Chris Hooper	27 <sup>th</sup> June	Greg Atkins
30 <sup>th</sup> May	Archie Coote		17

## FRIENDS OF FINNINGHAM

Your friendly neighbours are

## HERE TO HELP

If you are self-isolating and need help with things like shopping, collections, dog walking or just want someone to talk too, please call or text:

> Andrew Brownlie: 07795 078125 Clare Negus: 07525 182057 Ali Parkyns: 07976 530415 Jessika Gidney: 07885 833492 Catherine Winter: 07709 904757 Alison Guy: 07901 827307

If one number is not answered (they may be driving!), just try another number on the list.

There are a number of local pubs, restaurants and shops offering takeaways/deliveries, so you could contact them too if you have the need. It will also help them weather this difficult time.

Please continue to follow the latest government advice and kindly note that we can only help if our circumstances, health and the law permits.



#### GARDENER'S CORNER

Never in my wildest dreams would I have thought it would come to this.

The lockdown came and surprisingly so did the sun.

For someone like me who is happiest and most content in my garden this was a perfect combination. The sun continued to shine and as spring brought new life and colour to the garden I was in my element.

I started to clear up getting ready for summer and then it hit me.

The nurseries had all closed. No compost! No plug plants or bedding plants. Nothing else for it but to try to bring the grass back to something like a lawn. There I was lucky as I had already purchased the lawn sand.

I started scarifying and then spread the lawn sand. Now I have grass which is multicoloured and I fear, will never be the same again. I do keep my fingers crossed I will succeed eventually.

I had also planned to have a new Pergola built (not by me I might add) but by hubby. Guess what, my favourite shop up the road closed so no wood for the new masterpiece.

Then I turned to the next project I had planned which was the summer house. I restained the floor and then to the outside. Yet again frustration.

I hadn't bought the paint before the shutdown. Woe is me. I have tried every way to get some paint but with no luck.

As I sit here writing this we are going in to week six. I shall keep trying to find paint but in the meantime I live in hope that it won't be too long before my favourite shop opens again and the wood and paint will be available but will I still be in the frame of mind to get on with it.

Who knows what the future will bring.

Aileen

### FINNINGHAM WEBSITE

If you want to see older copies of the newsletter we have the electronic versions on our website, these can be found at

#### www.finningham.com/newsletter

If you have any information, article or photos that you think would be of interest for the site, please send your copy to **webmaster@finningham.com** 

## 49+10 BONUS BALL CLUB RESULTS

#### Congratulations to the following winners:

February 1st 32 Pet	ter Hall
February 8th 21 Ber	yl Allen
February 15th2822Rei	t Jones
February 22nd 12 17	/ Elsey
February 29th 9 Nige	el Arthur
March 7th 42.6 Chris	Kerridge
March 14th Grah	am Smith
March 21st 41 30 Pete	er Jones
March 28th 11 Mar	ion Bell

Vacant balls : **49 & 54** to take up one, call or email Bob Storey

#### Telephone 01449 781651 or Email robert.b.storey@gmail.com

The Bonus Ball Club provides the only regular income for Friends of Finningham to provide amenities, including the cost of printing this newsletter and support to projects for young and old within the village.

#### **Coronavirus**

To minimize person to person contact, whilst restrictions are in place:

Weekly prizes will be paid by cheque,

For payments it is hoped that whenever possible these are paid by online bank transfer or preferably by 4 weekly standing order rather than cash

#### DISCLAIMER

The information contained in this newsletter is provided for Finningham village as a service to its residents and possible others. It does not constitute/contain (legal) advice. Although we try to provide quality information, all information in this newsletter is provided "as is", with no guarantee of completeness, accuracy, timeliness or of the results obtained from the use of this information, and without warranty of any kind, express or implied, including fitness for a particular purpose.















EASTSUFFOLK

for all your help and enabling me to be warm this winter'

## No central heating in your home?

- First time central heating systems available to Suffolk residents\*
- Up to 100% fully funded
- For privately owned and privately rented households
- Council run scheme

## Call local rate telephone 03456 037 686

## For more information visit www.greensuffolk.org/whf

\*Eligibility criteria apply.



	$\mathbb{W}$	'HAT'S O	N - MA	Y 2020	
Sunday	ε	10 Sweet Cart	17	24	31 Pub Quiz @ WH
Saturday	2	9 Sweet Cart	16	23	30 Coffee Morning & Book sale @ St. Bart's'
Friday	~	8 Sweet Cart	15	22	29
Thursday		7 Litter Pick	14	21	28
Wednesday		g	13	20	27 Wickham Skeith Gardening Club
Tuesday		5 Coffee Caravan	12 Parish Council mtg	19 Tea @ Bart's	26
Monday		4	11	18	55 <b>15</b>

#### WHAT'S ON - JUNE 2020

			[	I		
Sunday	2	14 Easter Day Ser- vice @ St. Barts	21	28 Pub Quiz @ WH		
Saturday	Q	13	20	27 Coffee Morning & Book sale @ St. Bart's'		
Friday	2	12	19 Newsletter Copy Deadline	26		
Thursday	4	£	8	25		
Wednesday	ę	10	17	24		
Tuesday	2 Coffee Caravan	6	16 Tea @ Bart's	23	30	
Monday	۲	ω	15	22	29	13