

Finningham Newsletter

March to April 2019



Also find us online.



Friends of Finningham



www.finningham.com



6th July
Finningham Fete
Save the Date!

USEFUL TELEPHONE NUMBERS

Social Amenities Committee

Chairman	Greg Atkins	07841 358435
Secretary	Open	
Treasurer	Beryl Allen	01449 781132

Other facilities

Marquee Bookings	Ian Armstrong	01449 780215
	Mobile:	07879 670949
'49' Club	Bob Storey	01449 781651
Newsletter Editors	Richard & Lorraine	01449 781048

Website	Tony Kilbee	01449 781075
	Email: newsletter@finningham.com	

Parish Council

Chairman	Tony Kilbee	01449 781075
Parish Clerk	Natalie Hill	07802 492495
	Email: finninghamparishclerk@gmail.com	

Parish Footpath Wardens	Doug Aiken	01449 781599
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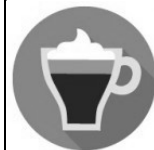
Neighbourhood Watch Coordinator	Andy Brownlie	07795 078125
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Police	Safer Neighbourhood Team	01473 613500
	Crime Reduction Officer	01473 613500
	Emergency	999
	Non Emergency	101
	Crime stoppers	0800 555111

Doctors	Mendlesham	01449 767722
	Bacton Manor Farm Surgery	01449 781777
	Botesdale Health Centre	01379 898295
	NHS Non Emergency	111



EVENTS AND NOTICES



Coffee Caravan



Venues and dates for the Winter months

first Tuesday of the month @ 10am - 12 noon

March - St Bart's Church, Finningham

April - Held On the Green

Do come along and meet new neighbours and friends.

COFFEE MORNING AND BOOK SALE

LAST SATURDAY OF EVERY MONTH

St Bartholomew's Church

10.30 - 12.00

Come along and have a coffee and try some of the cakes the ladies of Finningham bake.

We have been rather successful with the attendance at these events but as winter draws close it is a good place for village get together as we start to hibernate for the winter.

WE DO NEED TO ANNOUNCE THAT WE HAVE BEEN RATHER OVERSUBSCRIBED WITH BOOK DONATIONS AND FOR THE FORESEEABLE FUTURE WE WOULD REQUEST THAT NO MORE BOOKS ARE DONATED. THANK YOU TO EVERYONE WHO HAVE BEEN SO GENEROUS IN THEIR DONATIONS. WE WILL LET YOU KNOW WHEN WE CAN START ACCEPTING THEM AGAIN

EVERYBODY WELCOME

TEA @ BART'S

2.30 - 4.30pm

Held in St Bartholomew's Church on the 3rd Tuesday of every month.

We are always looking for new faces.

Let's make Finningham

a welcoming and social place to live.

EVENTS AND NOTICES

Finningham White Horse

Opening times

Monday to Saturday 12.00 mid-day - 11.00 pm

Sunday 12.00 mid-day - 10.00 pm

*Walkers, cyclists and motorbikes, 'get together'
or 'stop-off spot'*

Informal camping and caravan pitches

Functions and events can be accommodated

*My answer to a request is 'yes'...if I can do it, I
will*

Pub Quiz Last Sunday of the month

Facebook page "finninghamwhitehorse"

STOP PRESS

We need your contributions

We are looking for contributions for the next issues, so if you have anything you would like including e.g. upcoming events, pictures, art, observations, points of view etc. we would love to receive them.

Please email them to newsletter@finningham.com

The deadline for inclusion in the next issue is the **20th April 2019**

FROM THE CHAIR

Plans are now underway for the Finningham Fete in the summer. This years theme is traditional seaside. Please save the date of 6 July; we aim to begin at 14:00. Once things are firmed up more detail will follow. If you have any ideas, can offer some activities or your time on the day, please let me know.

The joint social event with Westhorpe went very well and a good night was had by all who attended. The band, Bits and Bobs, performed and were really well received.

Finally, there are some positions on the committee that are available and if you wish to hold one of them please come and chat.

Greg - 07841 358435



FROM THE EDITORS

As the Spring season progresses the days and nights become milder, flowers and plants bloom, and the days become longer. Summer is on its way at last.....!

There is a host of exciting events to look forward to in the coming months in our little village.....the Village Litter Pick, Annual Flower Festival & Good Friday Workshop to name but a few. Whatever interests you there is something for everyone to do, so be sure to come along and support our wonderful village.

Lorraine & Richard



NEWS FROM THE PARISH COUNCIL

Parish Council

A date for your diary, in fact two; the Village litter pick has been scheduled for both the **7th and 14th April**. The idea is that, along with the usual clearing of the roadside litter, we shall be able to attend to the outstanding maintenance issues. These include cutting up the steelwork and breaking the concrete of the old swings, replacing the damaged sections of the picnic table and concreting it in and various other jobs.

By the time this Newsletter is published and circulated, we shall have had the meeting to discuss the various issues surrounding the planning application for the development at Green Farm Yard. I sincerely hope that those residents who have misgivings for various reason, will have their concerns answered by the representative of the Mid Suffolk Planning Department, John Pateman-Gee.

This year is the end of the 4-year cycle for the Parish Council. This means that we all have to stand down and either offer ourselves for re-election or resign. We already have a vacancy for one Councillor

and have received a letter of interest from a resident. If there is anyone else who feels that they would like to offer their services, please notify our Parish Clerk, Natalie Hill (contact details can be found in the Newsletter).

The Parish Council must apologise for the condition of the long grass in the cemetery, due to an oversight, that is left too late in the year. I am pleased to say that it has now been cut and I thank those who assisted in this work. We have engaged the services of Mid Suffolk to keep our Green in good order for the coming season.

The Parish Council's mower has been serviced and is rearing to go at the hands of our band of volunteers. If you are one of them, I shall be contacting you shortly to see if you are prepared to continue this year. We are always looking for new members so, if you are prepared to give up about two hours of your time, twice a year, to chase the self-propelled mower around the Churchyard and Cemetery, please contact me or another Parish Councillor.

Tony Kilbee



EVENTS AND NOTICES

St George's Day Dinner

The White Horse Public House, Finningham
Saturday 20th April @ 7.00 pm

England

Once again Riet Jones and Linda Papworth (with the kind permission of the Landlady Lorna) will be holding a St George's Day dinner at the White Horse Public House, Finningham in aid of East Anglian Air Ambulance.

We had wonderful support last year and I think everyone enjoyed themselves- especially the sing along!!

We are hoping for a few more villagers to join us this year, but of course space is limited so please contact me as soon as possible to secure your booking.

Menu

Butternut Squash Soup
Sausages, Mash & Onions

(Vegetarian option on request)

Apple & Blackberry Pie

Again the cost will be £15.00 per head plus any additional donation you may wish to make.



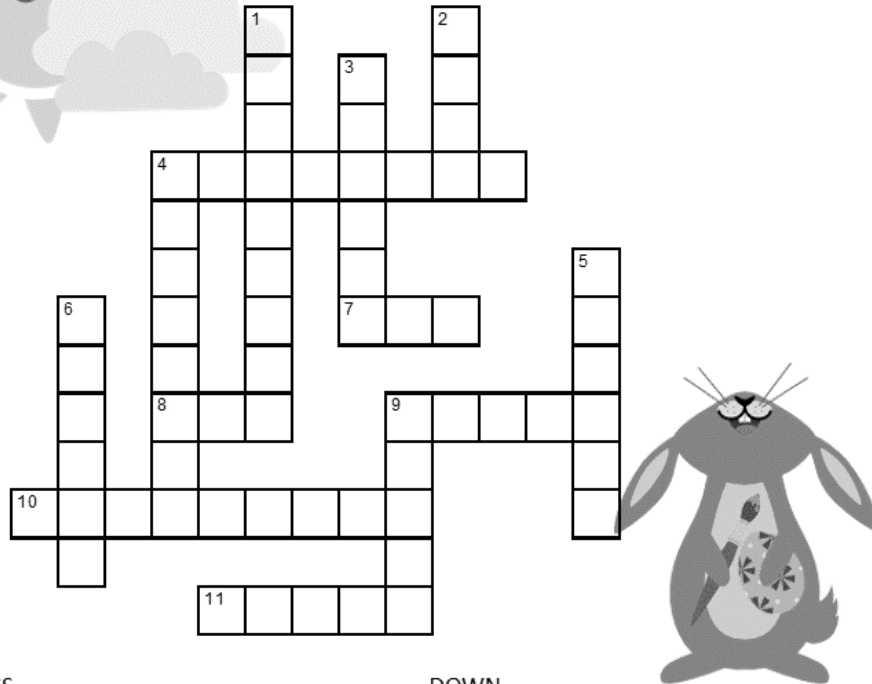
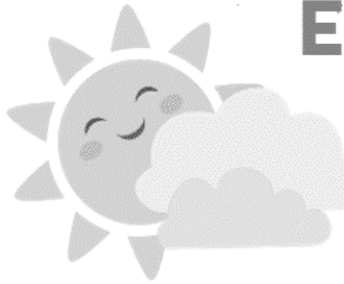
If you would like to book please contact:
Linda Papworth- 01449 781430 or
e-mail: lindapapworth27@hotmail.co.uk



KIDS CORNER



Easter Crossword



ACROSS

4. You might do this to eggs for Easter
7. A hen makes this
8. Used to color eggs
9. The hen's baby
10. Colorful candy you might find in an Easter basket
11. Peter Cottontail is one

DOWN

1. Eggs might be made from this
2. Look for eggs
3. Easter Day event
4. Yellow or white spring flower that grows from a bulb
5. What the Easter Bunny brings
6. A pretty hat worn on Easter
9. Don't eat too much of this or you might get a belly ache



PARISH COUNCIL

Your Finningham Parish Councillors are:

Chairman: Tony Kilbee, 01449 781075

The Old Chapel, Walsham Road, Finningham, IP14 4JG

Vice-Chair: Mary Webb, 01449 781628

Kimberley, Gislingham Road, Finningham, IP14 4HY

James Miller, 01449 781265/07860 382816

Rob Hall, Walsham Road, Finningham, IP14 4JL

Dilys Sewell, 01449 782978

Holly Cottage, Walsham Road, Finningham, IP14 4JN

James Black, 01449 782965

Black Horse Barn, Walsham, Road, Finningham, IP14 4JN

Catherine Winter, 01449 781372

Holly Howe, Westhorpe Road, Finningham, IP14 4TW

Clerk : Natalie Hill, 07802 492495

Elmer Farm, Walsham Road, Finningham, IP14 4JN

Parish Council Meetings are held at

St Bartholomew's Church, Finningham, starting at 7.30pm.

Dates of future meetings:

Tuesday 12th March 2019

Tuesday 9th April 2019

Annual Parish COUNCIL Meeting Tuesday 14th May 2019



ST BARTHOLOMEW'S CHURCH

Lent and Easter

As you read this letter we will be into March, a time of year when we see a change in the season. Spring arrives later in the month; the days get longer, the mornings and evenings lighter, flowers appear all around our gardens and churchyards, and leaves reappear on the trees. In the world around us we see tangible changes with the signs of Spring signifying new life and new beginnings.

It is not just in the Earthly seasons that we see changes. We move into Lent with the celebration of Ash Wednesday on March 6th. Lent is a time of reflection, the colours in church are changed to purple, and there is a noticeable absence of flowers. A time when Christians throughout the world remember the 40 days which Jesus spent in the wilderness, and the temptations he faced. A time when we move towards Easter, with the hope which that season brings to our lives. Hope is of course about seeking light in the darkness; yet hope can be found everyday in the ordinary; the kind word, a selfless action, encouragement to others who may be struggling in life.

It has been traditional of course for people to give something up at Lent, but equally it has become increasingly popular to take something on board. As I often point out, Christians do not and never have held the monopoly on all that is good in this world,

so Lent need not be solely for those of the Christian faith. All of us whether of faith or none at all can equally benefit from taking stock of our lives; whether in our personal relationships, or the communities we live in, Lent affords us the excuse to do just that.

For anybody wishing to come along to the Deanery Lent Course; this will be held at Pakenham Church at 7.30pm on the evenings of 14th/21st/28th March and 4th/11th April; with the informal study around the book; 'The Things He (Jesus) Did,' I have a copy if anyone should like to read it.

During Holy Week which commences on Palm Sunday (14th April) there are a variety of services in our churches across the entire Benefice; from a traditional Holy Communion, the contemplative evening Compline, the ALL-AGE workshop on Good Friday, and the Family Communion on Easter Sunday; dates and times will be published in the April/May Hexagon magazine; and further information can be gained from myself or Marion Bell. A warm welcome will be given to all.

During this Lent and Easter Season I pray that all of you will find time for reflection, and find hope and promise of new life in the joy of Easter and the Resurrection of Our Lord Jesus Christ.

Every Blessing -Philip Rector

WESTHORPE VILLAGE ACTIVITIES

www.westhorpe.onesuffolk.net

YOGA



Juliet Wright
jujuyoga39@gmail.com
Tel. 07503 212670

MONDAY (Weekly)
11:00 - 12:30 pm

ART CLUB



Paul Weston
paulwestonarchitect@gmail.com
Tel. 07860 376592

MONDAY (Fortnightly)
2:00 - 4:00 pm

LINE DANCING



Rosie Macro
rosemary.macro@yahoo.co.uk
Tel. 07748 563926

MONDAY (Weekly)
6:00 - 7:00 pm

CARPET BOWLS



Diane Gladders
dianegladders@outlook.com
John Offord
Tel. 01449 258501

MONDAY (Weekly)
7:30 - 9:00 pm

GAMES NIGHT



Alan Coles
alancoles@aol.com
Tel. 01449 781618

HURSDAY (FORTNIGHTLY)
7:30 - 9:30 pm

CRAFT CLUB



Lynda Cotgrove
Tel 01449 789142
Rosemary Mees
Tel 01449 780394

TUESDAY (Fortnightly)
10:00 - 12:00 PM

STOTT PILATES



Miranda Tuddenham
mtwannadance@gmail.com
Tel. 07540 696167 or 01379 742845

THURSDAY (Weekly)
11:00 - 12:00 pm

WINTERS ACADEMY



charley@wintersacademy.co.uk
www.wintersacademy.co.uk

THURSDAY (Weekly)
4:00 - 6:45 pm
During Term Time

BOOK CLUB



Judith Kennedy
[jkstreetfarm@gmail.com](mailto:jkstreefarm@gmail.com)
Tel. 01449 781249

THURSDAY (Every six weeks)
7:00 - 9:00 pm

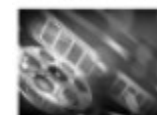
GARDENING CLUB



Martin Little
martindavidlittle@gmail.com
Tel. 01449 78031

FRIDAY (3rd of every Month)
7:00 - 9:00 pm

WESTHORPE FILM NIGHT



Philip Aldous
philip.aldous@live.co.uk
FRIDAY (4th of every month)
7:30 - 10:30 pm

FREESTYLE FITNESS YOGA



Jo Beales
jo@johnnybeales.co.uk
Tel 07912 649328

WEDNESDAY (Weekly)
6:15 - 7:15 pm

Coffee and Book Swap



Saturday
April 27th
10.00 - 12.00
All welcome

Westhorpe Village Hall Hire

Finningham and Westhorpe residents

£8.00 per hour

Non-residents

£9.00 per hour



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ST BARTHOLOMEW'S CHURCH

How many kings ?

The answer is we don't know. There is nowhere in the Bible that tells us. Three gifts, yes, gold, frankincense and myrrh. It could have been two or even two hundred on the journey to search for that child who would be king.

The season of Epiphany begins early in January when we celebrate the kings' arrival to worship Jesus.

At our Epiphany service in Finningham we had 7 kings. All enjoying dressing up for the part with the guiding star having it's own special place. After the service the children worked very hard to make 'King Puppets' and beautiful jewelled gift boxes which were proudly shown to the congregation after delicious 'star' cakes and refreshments had been enjoyed.

GOOD FRIDAY WORKSHOP

If you came last year you will remember how successful this workshop was. Lots of activities and crafts including Easter Baskets, miniature gardens, playdough, painting and more.

So do come along to the Priory Room at Walsham church :

10am 'til 11.30am
on Good Friday
19th April.

Any enquiries to
Marion Bell
782072.

See you there !



Accompanying the floral displays in the church will be our 'sales' tent. This was very popular and hugely successful financially last year. We would like to repeat this with your help as it is so important to keep our church open for its dual roles in worship and community uses. We will be selling produce, plants, cakes and preserves, bric-a-brac, books, CDs/DVDs as well as running a raffle and an all-ages Tombola.

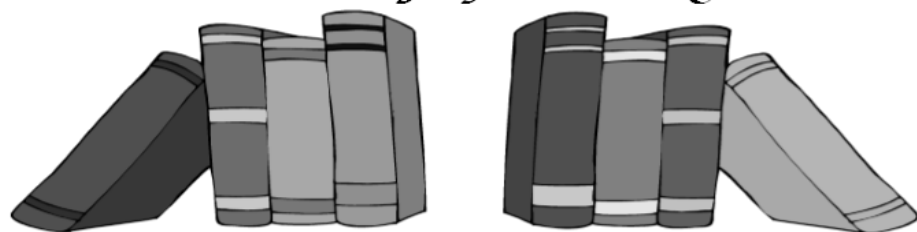
We would be very grateful for any donations towards these groups. As the church is now open every day items can be left in the church as soon as you like, behind the curtains, in the boxes provided. Produce, plants and cakes can be brought on the Saturday morning when we shall be preparing the tent. Please help us to make this a veritable treasure trove for those who love to rummage for a bargain or treat themselves to homemade edible goodies which sell out very quickly! We look forward to seeing you there.

ST BARTHOLOMEW'S CHURCH

St Bartholomew's Church, Finningham

Annual Flower Festival 2019

The Joy of reading



“Take a book”

Saturday 4th May 2.00 - 6.00

Sunday 5th May 11.00 - 6.00

Monday 6th May 11.00 - 6.00

Produce Stalls

Plants - Produce - Raffle - Tombola

Refreshments

Tea - Coffee - Cream Teas

Songs of Praise - Sunday 5th May at 6.00pm

MARQUEE & TABLE HIRE

Friends of Finningham have the following for loan.

Marquee	- 40ft x 13ft (12m x 4m)
Festival Tent	- 22ft x 16ft (6.8m x 5m)
Party Marquee	- 20ft x 10ft (6m x 3m)
Folding tables	- 6ft x 2½ft (1.8m x 0.8m)

Below are suggested donations - Held at last years level again.

Marquee	£60 Village residents	£70 non residents
Festival Tent	£60 Village residents	£70 non residents
Party Marquee	£30 Village residents	£40 non residents
Folding tables	£5 Village residents	£6 non residents

A refundable deposit of £100 is required.

Loan period is normally up to four days
and delivery and collection by arrangement

Further information available at the point of hire,
for enquires and bookings please contact

Ian Armstrong - 01449 780215 or 07879 670949

We will deliver and collect the marquee and assist with erection and dismantling, but we need you to provide at least two helpers .

Terms and conditions apply.



EVENTS AND NOTICES

A Great Evening in Westhorpe Village Hall

Coming just at the right time to banish those after Christmas blues, a contingent from Finningham made the intrepid trip to Westhorpe to join our friends there for a jolly evening of music and dancing. The cosy village hall played host to local talent Paul, Glen and friends, who "warmed" us up for the main event. "Bits and Pieces" then took to the stage and entertained us with hits from the Sixties, played in their own inimitable fashion. The dance floor was soon full and everyone had a great time. Grateful thanks goes to the villagers of Westhorpe for organising this. As a result, both villages will benefit from a small profit from this joint event. To capitalize on this success we hope there will be another event, organised by Finningham this time, possibly in September. A disco, plus some sort of eats has been suggested, so if you have any other ideas or wish to help, please make yourself known to Friends of Finningham.

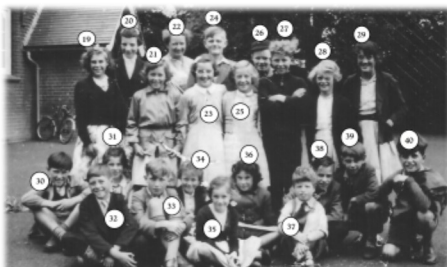


PAST TIMES



1. Glenys Cattermole 2. David Newman 3. Peter Taylor 4. Anita Filby 5. Daisy Clow
6. Patricia Double 7. Frank Seeley 8. Linda Cowler 9. Jenny Stratford
10. David Cattermole 11. Gerald Webb 12. Trevor Smith 13. Roger Double 14. Jane Clow
15. Jenny Button 16. Maurice Seeley 17. Kenny Baker 18. Michael Woods

These Finningham school photos are probably from the summer term of 1956. If the photos were taken at the same time, the youngest children start-



Finningham School Photo 2

19. Margaret Woods 20. Norma Potter 21. Shirley Woods
22. Miss Thain (Headmistress) 23. Margaret Jolly
24. William Shave 25. Jean Palfrey 26. Brian Gardiner
27. Clive Woods 28. Marina Arnold 29. Carol Linstead
30. John Stratford 31. Jenny Alexander 32. Brian Mutimer
33. Barry Brinkley 34. Susan Webb 35. Linda Gardiner
36. Carole Bloomfield 37. John Ward 38. Ivan Stopher
39. Colin Woods 40. Tony Cowler

ed in April 1956 and the oldest left in July 1956. The photos were kindly lent by Frank Seeley and all the children were identified by Sue Alexander.

PARISH COUNCIL



Police are reminding dog owners to take appropriate steps to keep their dogs under control after two incidents in the West Suffolk recently.

The first took place on Monday 7 January in a field near to Waldingfield aerodrome sometime between 6:00am and 10:00am. A sheep was found injured after trying to get through an electric fence. It is believed that the sheep was being chased by a dog.

The second incident took place on the same day in the vicinity of Powney Street in Mildenhall. A sheep in a pen sustained serious injuries after it was attacked by a dog.

Sergeant Brian Calver from the Rural Crime Team said, "Despite repeated appeals, attacks on sheep and livestock by dogs continue to happen across our county. We recognise that the vast majority of dog owners are responsible and take appropriate action to keep their pets under control around livestock. Farmers have a right to shoot any dogs that are attacking livestock and nobody wants to see this happen. I would remind dog owners or those walking dogs that they are responsible for any damage that the dog in their care may commit."

Anybody with any information that could identify the dog and person/s involved in these incidents are asked to call 101, quoting reference 1687/19 (Waldingfield) of 37/1722/19 (Mildenhall).

Help us keep our communities safe.

Police advice on a variety of subjects can be accessed via

<https://www.suffolk.police.uk/advice>

To report something, or to otherwise contact Police, use the link <http://www.suffolk.police.uk/contact-us>

To report something anonymously call Crimestoppers on 0800 555 111 or visit www.crimestoppers-uk.org

Alternatively call **101** for non-urgent matters

Always call 999 in emergencies, or if an immediate police response is required

Police Connect Team

Paperless billing

Paperless billing, also known as eBilling, is the fast, secure and environmentally friendly way to receive your Council Tax bills.

DON'T FORGET TO REGISTER!

Anytime via the Mid Suffolk District Council

website: <https://www.babergh.gov.uk/council-tax/paperless-billing/>



NEIGHBOURHOOD

Be Aware Be Safe!

There have been a couple of reported incidents lately so here are a few reminders for you all. Again and again we hear reports of items being stolen from vans and cars. If you leave your tools, satnavs, bags, phones etc. in your vehicle whilst it is unattended then you are inviting a brick through your window and for them to disappear. You may not be aware but if you leave certain things like tools and satnavs on display in a vehicle and it gets broken into, many insurance companies will no longer pay out on claims. Don't risk it.

Callers at the door have been reported in the area recently and these have included impersonating police officers, water and gas board officials to name just a few. If ANYONE calls at your home asking to come in, politely refuse and ask them for their identification. Take it from them, closing the door securely behind you, and call the company they claim to represent to check them out. DON'T ask them for the phone number or use one of their ID. Google it or call telephone directory enquiries to ensure its the real phone number. IF IN DOUBT, KEEP THEM OUT! Call a neighbour if in any doubt and want help or 999 if its urgent.

This brings me on to other scams. Telephone scams are on the rise and they will use scare tactics to get information out of you. This information will be used to steal from your accounts, create fake ID's in your name and can even take out credit cards, loans and mortgages in YOUR name without you knowing. No bank will ever call you and ask for ANY information such as passwords, PIN numbers etc. Assume that every unsolicited phone call is potentially a scam. The latest one is to call you from "Microsoft" and tell you your computer is faulty so you need to give them access to your computer so they can fix it. They will then plant a virus on your computer to steal personal information from you. The other one is to call you to tell you your internet is about to be cut off unless you pay the bill immediately. Don't believe anything like this. Hang up, call your provider on their listed number and check. IF IT SOUNDS CORRUPT, HANG IT UP.

Once again we turn to property protection. There was a theft in the village recently where an outbuilding was broken into and a quantity of diesel stolen. As always, check your gates and fences are secure and kept locked. Make sure if you have locks on your windows that you use them. Again, many insurance companies can refuse to pay on a claim if you don't use the window locks especially if you were given a discount for them. If you want advice on property security, contact Stowmarket police crime reduction officer or I am happy to visit and give you advice, tips and ideas. I have had training on this.

If you have not already, follow the Friends of Finningham Facebook page for regular and urgent updates such as reports of suspicious people, road closures, missing pets and so much more. A fake police officer was in Mendlesham recently and we had this reported on Friends of Finningham Facebook page before he had even left Mendlesham. This is an invaluable tool for crime fighting and news updates so don't miss out. Follow us at www.facebook.com/friendsoffiningham

Don't forget if you have a view on the proposed development of Green Farm then you MUST submit this asap. Follow this link to see the latest and to add your comments.

<https://planning.baberghmidsuffolk.gov.uk/online-applications/applicationDetails.do?key-Val=P11P0JSHMWR00&activeTab=summary>

Lastly by the time you have read this I will have (hopefully) met our MP, Jo Churchill at the pub to show her the damage caused by the accident, and discuss the overall dangers of this junction and in particular what might have happened if it had happened 24 hours earlier. As always, Highways have fobbed off sat on things and have now told me they won't do anything unless this comes through from the Parish Council. I have now had to hand this over to Tony Kilbee to chase through which is very frustrating. I will update as things develop if you keep an eye on the Facebook page.

Happy Spring!

Andy 07795 078125

INSIGHTS

Stressed?A simple way to manage your stress

For many of us stress is all around us, nibbling away at us constantly. It comes in both physical and emotional forms with modern life providing more major life changing events than ever before.

Common signs of stress are headaches, insomnia, tight muscles, infections, twitches/ticks, itches, fatigue and on the mental side; loss of confidence, fuzziness, irritability, anxiety and depression.

Stress triggers the 'fight or flight' response in our bodies, but unlike our caveperson ancestors we rarely run or fight. In those days there was a physical threat, the cave person responded and then it was over ... one way or another! If you survived then you had processed all that adrenaline that had been released in your response to the event and once safe you could relax. Today's world does not allow for that recovery as we are just bombarded with the next thing.

However (and this may not be a comfortable read for us), stress is ours. What does that mean "stress is ours"? Stressors happen to us. These are those events both big and small mentioned above. Stress is only created in how we respond to the events.

We can't hide from these stressors without withdrawing from society...which itself would be a stressor. What we can do is manage our stress levels. Stress is like the drip tray on your coffee machine or the drain filter on the dishwasher....it needs a little maintenance to stop it overflowing. Personally the best maintenance that I have come across is a holiday away. Great, but not something that is always accessible or affordable at the frequency it may be required.

As you know there is always another way and the simplest and cheapest is to breathe well. I have covered breathing in a previous article (July/Aug 2018 issue), please refer to that for more detail. Other simple methods are getting back to nature, meditating or doing something you enjoy - maybe something like singing, or painting. The important thing here is to regularly do your maintenance. If you are not aware of your stress levels then ensure you do your maintenance at set intervals - like a car service, but more frequent!, If you are aware of your stress level then you can tune the frequency as required.

There is another way ...

By Fiona Simpson.

www.lilacPearl.co.uk

email info@lilacPearl.co.uk



GREY MATTER MOVERS

		6						
								9
				4	2		8	3
	6			1		4		7
3	4	7	6		5	9		
	5	2		9				
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FOUR SEASONS

It has been a gentle winter – so far

I doubt that I was the only one giving the lawn a trim in February. Yet there was precious little heat in the sun the day I went to Colchester - just to have a good look around. The town is proud of its long dramatic history, there is much to see. My first stop was the Roman Circus Centre where there is a first-rate depiction of the old racetrack, which has been almost entirely swept away by time. Enough remains to show that it was a major construction with starting gates and tiers of seats, designed on the same pattern as other "circuses" built by the Romans across their empire. Along both sides of a straight central spine, one circuit would have been about 650 yards. As I stood at one end - where the light racing chariots pulled by teams of 4 horses (or possibly 2 sometimes) made a sliding hairpin turn - I tried to imagine the scene as it might have been, and wondered how anyone could control four galloping horses. It must have been a pursuit for the brave and the desperate, I suppose it fell foul of some health and safety committee.

Back in those days we were very much in Europe. Watching Brexit unfold feels a bit like careering toward that bend. Are there any brakes? Hold on tight!

Ian Armstrong

GISLINGHAM WI

The WI in Gislingham is held on the 3rd Wednesday of each month.

The meetings are held in Gislingham Village Hall and you will be sure of a warm welcome if you wish to come along to visit and see whether the WI would be something you would be interested in.

Our March meeting will be held on Wednesday the 20th and the guest speaker for this evening will be

PIP WRIGHT—TALKING ON “THE PLAGUE IN SUFFOLK”

This will be an open meeting which means anyone who is not a WI member is welcome to come along. The only charge will be a donation for refreshments.

This is a perfect opportunity to come and visit us.

Our April meeting will be held on Wednesday the 17th and the guest speaker for this evening will be

ANDY BAILEY – DISS GARDEN CENTRE

TALKING ON “REJUVENATE YOUR GARDEN FOR SPRING COLOUR”

We can always use some new ideas and inspiration for our spring gardens and Andy will be able to give us the advice and help we need to make our gardens colourful.

There are quite a few of us who go from Finningham so if you would like someone to go with please contact **Aileen Kilbee 01449 781075**.

LOOK FORWARD TO SEEING SOME NEW FACES OVER THE NEXT FEW MONTHS.

BOOK REVIEW

Boy Erased- a memoir of identity, faith and family

Garrard Conley (William Collins) 2018

Garrard Conley, the 19-year-old son of a fundamentalist Baptist preacher in Arkansas USA, is outed to his family as gay. He agrees to attend a conversion therapy program. He stays eight days, decides it's not for him, and walks out.

Boy Erased is a disturbing, candid and sometimes florid memoir of Conley's life up to that time. Mention is made of the conversion program run by Love in Action. It didn't work for everyone. Jack McIntyre was on the plan for four years. He never did become heterosexual, believed he had failed God, and committed suicide. In the epilogue we are told Love in Action has closed down and apologies issued for the harm that it had done.

First published in 2016, Boy Erased has been reissued to coincide with the release of a major film based on the book.

Reviewed by Clive Hodges

HISTORY GROUPS

Bacton & Cotton History Society

(meetings 7.30pm Bacton Village Hall)

March 19th Gravestones & Suffolk.

Robert Halliday has roamed Suffolk seeking unusual stories & historical events. Among others he has written unique studies of famous people's gravestones & the history of gravestones in Suffolk

April 16th take 40 or 50 Swallows

Pat Murell looks at late Stuart & Georgian society made use of wildlife & flora for culinary & medicinal purposes such as Swallow water, Cowslip Wine & Sparrow Dumpling.

Wickham Skeith History Group

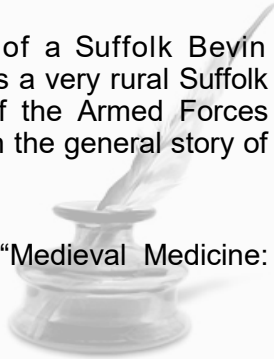
(meetings 7.45pm Wickham Skeith Village Hall)

20th March Suffolk Bevin Boy

Barbara McElroy who will be telling "The Story of a Suffolk Bevin Boy". The talk is based on her father's experiences as a very rural Suffolk Boy who was conscripted into the mines instead of the Armed Forces where he expected to serve his country. It is set within the general story of the Bevin Boys.

17th April Medieval Medicine: Blood, Pus & Urine

Joy Hawkins will be giving a fascinating talk on "Medieval Medicine: Blood, Pus & Urine".



GARDENING CLUB

WICKHAM SKEITH GARDENING CLUB

ALL MEETINGS HELD IN WICKHAM SKEITH VILLAGE HALL
UNLESS INDICATED OTHERWISE

TUESDAY 26 MARCH 2019 – 7:30PM

A very topical subject for this meeting – Spring Interest in the Garden from Graham Proctor, Crown Nursery. Members £1/ non-members £3.



49+10 BONUS BALL CLUB RESULTS

Congratulations to the following winners:

<u>Date drawn</u>	<u>Ball number</u>	<u>Winner</u>
1st December	57	Reg Draper
8th December	17	Lily Elsey
15th December	19	Heather Grant
22nd December	31	Mary Webb
29th December	28	Christine Kerridge
5th January	6	Val Rowell
12th January	26	Margaret Miller
19th January	45	John Lloyd
26th January	45	Donated to FOF

Vacant balls : **9 & 37**
to take up one, call or email Bob Storey

Telephone 01449 781651 or Email robert.b.storey@gmail.com

The Bonus Ball Club provides the only regular income for Friends of Finningham to provide amenities, including the cost of printing this newsletter and support to projects for young and old within the village.

FINNINGHAM WEBSITE

If you want to see older copies of the newsletter we have the electronic versions on our website, these can be found at www.finningham.com/newsletter

If you have any information, article or photos that you think would be of interest for the site, please send your copy to webmaster@finningham.com

DISCLAIMER

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WHAT'S ON - MARCH 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3 10am Benefice Holy Communion at St. Bart's
4	5 Coffee Caravan	6	7	8	9	10
11	12 Parish Council mtg	13	14	15	16	17 10am Morning Prayer at St. Bart's
18	19 Tea @ Bart's Bacton & Cotton Hist Society	20 Gislingham WI Wickham Skeith History Group	21	22	23	24
25	26 Wickham Skeith Gardening Club	27	28	29	30 Coffee Morning & Book sale @ St. Bart's'	31 9.30am Mother- ing Sunday Family Service at St. Bart's Pub Quiz @ WH
14						

WHAT'S ON - APRIL 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2 Coffee Caravan	3	4	5	6	7 9.30am Morning Prayer at St.Bart's Village litter pick
8	9 Parish Council mtg	10	11	12	13	14 Village litter pick
15 7pm Evening Compline at St. Bart's	16 Tea @ Bart's Bacton & Cotton History Society	17 Gislingham WI Wickham Skeith History Group	18 Holy Communion service at 7pm at St.Bart's	19 Good F'day Workshop 10.00 Walsham Priory Rm Good F'day service 12 noon at Walsham church	20 St George's Day Dinner Newsletter Copy Deadline	21 10am Easter Day Family Holy Communion joint service at Westhorpe church
22	23	24	25	26	27 Coffee Morning & Book sale @ St. Bart's'	28 Pub Quiz @ WH
29	30					
15						